**Activities for unit 1 Personal and Interpersonal Skills and Abilities**

1. **Identifying Skills and Abilities**

**Activity 1**

1. **Below are a list of skills and abilities. Complete an audit of where you are now. Record this in your learning journal/portfolio.**

Rate yourself (1=Not very well developed; 3=very well developed)

|  |  |  |  |
| --- | --- | --- | --- |
| *Skills and Abilities* | *1* | *2* | *3* |
| Self confidence |  |  | **X** |
| Self-discipline |  | **X** |  |
| Team Work  |  | **X** |  |
| Act as a Leader |  | **X** |  |
| Listen to others |  |  | **X** |
| Write for academic purposes  |  | **X** |  |
| Computing Skills  |  |  | **X** |
| Be Creative  | **X** |  |  |
| Problem solving  | **X** |  |  |

**Activity 2**

1. **Complete the audit below, using the information from the table above.**

|  |  |  |
| --- | --- | --- |
| **Recognition** | **Reflection** | **Action** |
| *Skills already developed* | *How I will use these*  | *How do I know (evidence)\*\** |
| Self confidence | I believe self-confidence is a key attribute to a successful teacher. Having the confidence to teach your lessons to the best standard and being confident that the lesson itself will help pupils understand the lesson. This confidence will reflect on pupils and will hopefully be transferable into their class work and learning  |  |
| Self-discipline | I believe I had good self-discipline during my studies at high school, but I know this can be developed further at my time at university during my studies to help me complete work to the best of my ability in a suitable time frame. I hope to build on my self-discipline over the semester and beyond. |  |
| Team Work  | Team work is a vital part of the Education course, working in small groups various times throughout the week, which deepens the team’s knowledge on certain topics as each member has different levels of knowledge and  |  |
| Act as a Leader | Being a successful leader is crucial in the primary classroom setting. As a teacher, being a leader also means being a good role model for pupils and having them trust and look up to you for advice and help. Gaining the pupils respect as a leader will help maintain the behaviour of the children. |  |
| Listen to others | Listening to others is a key aspect of everyone’s life, and within teaching listening and observing the views of pupils is essential to reflect what pupils wants and needs are. This will massively impact how a child observes the lesson, as listening to what they want and implementing this into lessons and school life will impact the child’s attention span of the lesson. |  |
| Write for academic purposes  | Writing academically is important during university studies and I hope to develop this skill, so my E-Portfolio and assignments are completed to the highest standards. |  |
| Computing Skills  | Studying Administration and IT at higher and Computing at national 5, I believe my computing skills are extremely strong. I know these will reflect in group presentations and other IT work. |  |
| Be Creative  | For someone who is studying to be a teacher, I know my creativity skills are lacking. Despite this I know with determination my skills will massively progress and be reflected in the classroom during lessons where I will incorporate engagement, fun and personalisation into them. |  |
| Problem solving  | I will use and develop my problem-solving skills when faced with situations I may have difficulty over coming, whether this be with lessons planning, teaching or helping a pupil learn in their own unique way. |  |

|  |  |  |
| --- | --- | --- |
| **Recognition** | **Reflection** | **Action** |
| *Skills to be developed* | *How I will develop these*  | *How do I know (evidence) \*\** |
| Act as a leader | I will develop my skills as a leader during my time as class rep, by making myself approachable for all students. |  |
| Organise and plan  | During my placement I will organise and plan lessons accurately to help me to develop for future placements and my own classroom. |  |
| Debate formally and informally  | I will engage in discussions during lectures and within my peer groups to gain a better understanding of other opinions and views. I will also engage with others e-portfolio and comments on tasks online. |  |
| Build social networks | I will develop this by interacting with my fellow students, including both CLD and Social Work. |  |
| Think critically  | I will think critically by leaving my personal opinions and views out of the matter. |  |
| Generate new ideas  | I will generate new ideas by using the internet and social media to influence creative ideas and observe my colleagues idea to give me new ones. |  |

\*\* This section should be completed as you identify when/where/how you have used/developed these skills.