

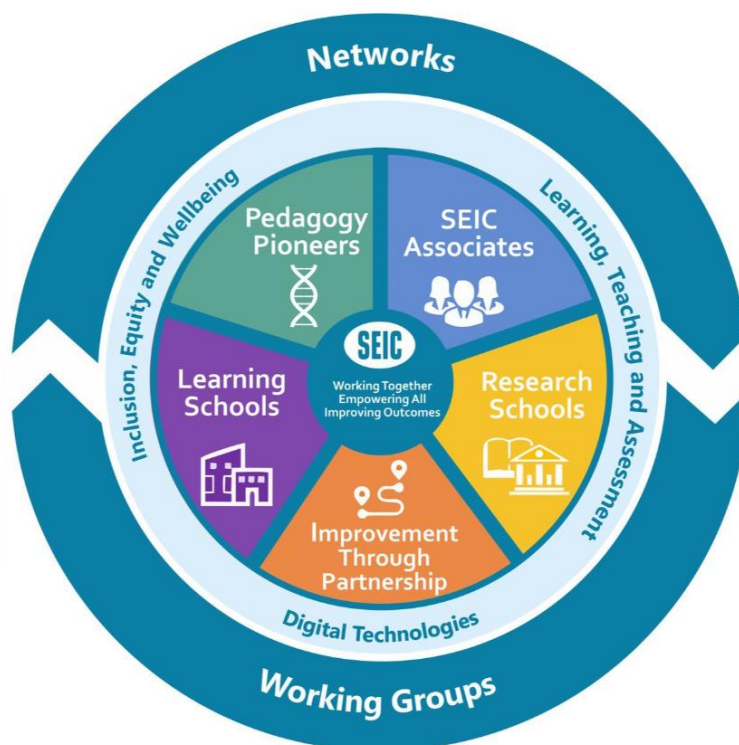


2022 - Issue 2

Welcome to your new monthly update on the variety of supports available to colleagues working within the South East Improvement Collaborative area.

If I keep reading this update, what will I find?

You'll find a range of **collaborative learning offers** coming up across the region. You'll also find updates on current regional work and a range of helpful **resources** you can tap into.



How can I find out more about SEIC, provide feedback or make contact?

You can subscribe to our mailing list by clicking on this link: [Subscribe here to SEIC News](#) .

You can read the full SEIC Plan, which provides information on the background of the regional collaborative work, progress and impacts from last session, as well as details on this year's priorities & key approaches to providing supports, using this link: [SEIC Plan 22-23](#)

Follow us on twitter @SEICollab and [YouTube](#).






You can contact your SEIC Trade Union Group members:

Tim Wallace – AHDS
 Gael Gillian – EIS, John Melville
 NASUWT, Jim Thewliss – SLS
 Kevin Campbell – SSTA
 Debbie Thomson – Unison
 Linda Ferguson – Unison

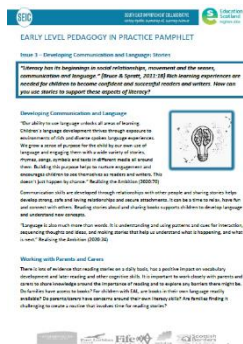
If you have any suggestions, feedback or need any further information about SEIC, please email jennifer.marr@midlothian.gov.uk



Date & Time	Event & Provider	Audience	Venue
8 th Nov 4-5pm	Pedagogy Pioneer - Creating spaces for under 3's in ELC  the	Early Years	Online
10 th Nov	Setting up a School AAC Toolbox for Learners with Communication Support Needs 	All	Online
14 th Nov 4-5pm	Introduction to Play Pedagogy 	Early level	Online
15 th Nov	CYPIC Conference 	All	Glasgow
23 rd Nov	Creating a reading culture and introduction to reading schools 	All	Online
30 th Nov	Digital learning and teaching in SEIC 	All	Online
17 th Nov 4pm	Creative Conversations with Hywel Roberts 	All	In-person Edinburgh City Centre
17 th Nov 1- 4pm	National Family Learning Network 	All	Online

24 th Nov 4-5pm	Pedagogy Pioneers – Implementation of universal & targeted approaches to support children’s emotional wellbeing & self-regulation 	ELC	Online
24 th Nov	Complex Learning Needs: Using technology to support Early numeracy 	All	Online
30 th Nov 3pm	Diversity and Inclusion 	ELC	Online
1 st Dec 4-5pm	Pedagogy Pioneers - How superhero play can be promoted through the use of ‘Helicopter stories’ 	Early Level	Online
1 st Dec	Supporting literacy difficulties for learners with dyslexia in upper primary/early high school 	Primary/ Secondary	Online

[SEIC Early Level Pedagogy in Practice Pamphlet](#)



Please click on the link to access our third edition of the SEIC Early Level Pedagogy in Practice Pamphlet. The focus of this edition is Developing Communication and Language: Stories

We hope to host a follow up workshop to support this pamphlet if there is enough interest. This would take place on 17th November between 4.30 and 5.15pm. Please complete the link below, by 13-11-22, to register your interest and pose any questions you would like addressed.

[Click here to complete form](#)

[Creative Careers Week \(Scotland\) 21st – 25th November](#)



Creative Careers Week 2022 is a chance for the sector to come together and showcase the wide variety of opportunities there are within the sector and inspire employees of the future. Creative Careers Week will shine a spotlight in careers in the creative and cultural industries, raising awareness, inspiring young people and supporting employers to [engage](#) with employees of the future.

[Set the Scene: Development of Teachers and Pupils in Filmmaking.](#)

Screen Education Edinburgh are thrilled to announce the launch of a new GTCS accredited professional development course for teachers, Using Filmmaking to Develop Your Teaching Practice. The course forms part of our Set the Scene: Development of Teachers and Pupils in Filmmaking Programme, which is a free programme, funded by Screen Scotland, designed to develop and strengthen the filmmaking knowledge, skills, and practice of teachers and pupils in schools across Edinburgh and the Lothians. Applications for the Secondary course are open now. **Deadline 11th November.** For more information and to apply click [here](#).

[DYW Live!](#)

This exciting partnership between employers and organisations from around Scotland is delivered by e-Sgoil and Education Scotland. DYW Live provides live sessions that support learners' development of employability skills, career pathways and industry connections.

[Performing & Production Arts Professional Development | Edinburgh College](#)

Free SCQF Level 6 course for teachers to engage in. This is a free opportunity designed for teachers and facilitators of theatre, drama, and dance to enhance their skills in production and performing arts, and to provide CPD in areas that will support the delivery of National and Higher courses and Youth Theatre/Dance Practitioners.

[Supporting Workforce Wellbeing](#)

Supporting Workforce Wellbeing is a Scottish Government funded package which first launched in 2020 in response to the pandemic. The offer is now in its third year and has evolved after listening to feedback from the education system. We have centred the 2022-2023 offer on providing mental health and wellbeing support for individuals in the education workforce across the wide education spectrum including schools, Community Learning and Development and Early Learning and Childcare. Click on the links below to find out more.....



[Supervision Space - Taking Care of Yourself](#)

[Supervision Space - Taking Care of Staff You Lead](#)

[Into Coaching](#)

[Group Coaching](#)

[1:1 Coaching](#)

[Stepping Stones](#)

Since our last update our SEIC Connectors have been gathering pace across the region, see below for more information on each of the areas of the empowered system. Many of you will be engaged with one of our Connectors through your school or setting, and you can still engage in plenty of our other offers. For instance we are hosting Pedagogy Pioneers webinars as well as a set of universal professional learning sessions relating to all areas of our SEIC Empowered System. Keep an eye on social media and the Professional Learning table within our updates for the links.

Research Schools/ELCs



- Our Research Schools have been busy engaging with research and finding out more about the practitioner enquiry process through in school sessions being delivered by the SEIC team. School enquiry leads have been supported by University of Edinburgh looking at a coaching approach to supporting others in their enquiry.
- **Universal** SEIC supports include access to online resources through Impact Wales and the World. Education Summit for all settings in the South East Region – If you still don't have your log in, get in touch. See bullet point below for contact details
- **Want to know more?** Please visit [SEIC Website](#) or contact: Jenny Marr, SEIC ESO - Jennifer.Marr@midlothian.gov.uk



Improvement Through Partnerships

- Our Learning Pathways and Positive Destinations Connector Programme is progressing well. Our 14 Secondary schools from across our 5 Local Authorities have attended 2 sessions so far in addition to a short introductory session. They have also had the opportunity to join a follow up drop in session supported by SEIC and SEIT officers should they require additional support or have further questions around the key themes from session 1 or 2. The initial sessions have had inputs from partners such as Donnie Wood from the Scottish Credit and Qualifications Framework, Julie Coyle from Skills Development Scotland, Leigh Watson from the Education Scotland Curriculum Innovation Team and Sarah Mathieson from the Scottish Borders DYW Board. School visits by SEIC and SEIT officers are ongoing and have involved most schools, allowing bespoke support to be provided to schools to reach their identified outcomes for the programme.
- If you want to know more about this work, please visit the [SEIC Website](#) or contact: Kenny Manson, SEIC QIO - Kenny.Manson@fife.gov.uk

Learning Schools - Digital & Literacy, & Head Teacher Trios



Literacy

- Our Raising Attainment in Literacy Connector Programme is now well under way. Our 25 schools from across our 5 Local Authorities have attended 2 sessions so far in addition to one for senior managers. The connector sessions have been designed based upon baseline evaluation data provided earlier this term and have so far have explored the connections between the different literacy organisers, effective pedagogies for writing and some thoughts about effective moderation. Breakout room discussions have followed content provided by our ES colleagues. Plans for our Universal sessions are well underway.
- **Want to know more?** Please visit the [SEIC Website](#) or contact: Susan Ward for Digital support queries: susan.ward@midlothian.gov.uk and Catriona McKinnon for Literacy - Catriona.McKinnon@midlothian.gov.uk

SEIC Head Teacher Trios – Cohort 2

- As you may know, SEIC HT Trios cohort 1 has begun. This exciting programme gives SEIC HTs the opportunity to be matched to HTs from other local authorities who can then meet to share learning from their improvement journeys and collaborate to reach their improvement outcomes. Early feedback from cohort 1 HTs includes:
“I am really enjoying the safe space to collaborate with other HTs and learn from our improvement journeys. This allows me to reflect on my next steps in my own school/ centre.”
“I already feel less alone and more supported by peers who are on similar improvement journeys.”
- More information on this programme is available on the [SEIC HT Trios home page](#). We are now preparing for Cohort 2 to start in early 2023 and if you are interested in joining the new Cohort, please get in touch using the online [note of interest form](#).
- **Want to know more** If you would like to discuss the programme, please contact Colin.McLean@midlothian.gov.uk

Digital Schools Award Connector

- 24 schools from across the South East are engaging with the [Digital Schools Award](#) Connector, sharing their digital learning journeys and exploring the DSAS framework
- Sessions so far have focused on digital leadership and digital learning and teaching
- Participating schools have benefited from Education Scotland’s [‘This is Digital’](#) programme to support and provoke professional learning



SEIC Associates

- Following a recent re-connector meeting, SEIC Associates will begin this month to take part in Local Authority quality improvement activities across the South East Region – City of Edinburgh, East Lothian, Fife, Midlothian and Scottish Borders, will be underway shortly. Ongoing support is provided to enable SEIC Associates to work alongside improvement teams in their own and other local authorities as part of the quality improvement process
- **Want to know more?** Please visit the [SEIC Website](#) or contact: Karen Thomson, SEIC QIO - kthomson3@eastlothian.gov.uk

Pedagogy Pioneers / Play Pedagogy



- We have now delivered 3 Connector sessions to 50 practitioners as well as our SLT session. Through audits practitioners have identified areas that they feel they require the most support and we have designed sessions around these aspects. Sessions are broken into the following 5 sections to allow participants to have a rich engagement opportunity:
 - Feedback on tasks from previous session
 - Direct input from Pedagogy Pioneers, content focusses on aspects highlighted from audits
 - Collaborative discussion session in breakout rooms with key questions from the main input
 - Plenary session – recapping on session
 - Outlining actions – small steps of change to implement in classes prior to next session.We have explored what is meant by play pedagogy and signposted to key documents to support practitioners in their journey. We have looked at literacy progressions and how these can be used to support learning. All participants have access to a password protected section of the SEIC website where session slides and additional materials are stored.
- **Want to know more?** Please visit the [SEIC Website](#) or contact: Michelle Matthews, SEIC QIO - MMatthews@scotborders.gov.uk

Impact School Improvement (Impact Wales)

We have renewed our membership to Impact School Improvement which means you and your school have access to this amazing resource. If you need a login, contact your local authority SEIC QIO. Each month we will be highlighting some of the amazing work, including podcasts and Sketch Notes.

Latest Podcasts that might be of interest:

Episode 90 – When reading is a problem.

What if reading is still a problem later on? In this episode we discuss what strategies teachers can use with older pupils.

Episode 88 The inner voice with Ethan Kross

Professor Ethan Kross, the American neuroscientist and writer discusses the importance of the inner voice in learning.

Latest Sketch notes:

Closing the attainment gap, Teacher burnout, Behavioural Change – the stairway model & Emotional Resilience. All available to download and print.

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TEACHER BURNOUT

Psychological research classifies burnout as unmanaged chronic workplace stress that is characterised by three key dimensions.

3 DIMENSIONS of Burnout:

- EXHAUSTION** - a tiredness that doesn't disappear with rest. **REDUCED EFFICIENCY** - manifested as depersonalisation. Seeing colleagues as problems rather than people. **INEFFECTIVENESS** - feeling like you are failing.

RESILIENCE: How to take care of yourself:

- ✓ Fall fast - if you're struggling ask for help
- ✓ Say 'no' - if a new task is too much additional work, ask your line manager to help you re-prioritise
- ✓ Mindfulness - practice being present in the moment in order to avoid reacting to emotions & thoughts
- ✓ Exercise - stay active, even walking helps stress

Don't wait for a crisis to call
0800 9562 551
Edcochm Support Help Line

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BEHAVIOURAL CHANGE STAIRWAY MODEL

This model is based on the FBI's hostage negotiators unit's understanding of how a change to behaviour can be created even in the most challenging situations.

This 5 step process can support change management in any context not just life & death situations.

- INFLUENCE**
 - Choose from proposed solutions
 - Agree changes to behaviour
 - Acknowledge new collaborative approach
- RAPPORT**
 - Begin to make suggestions & explore options
 - Invite speaker to contribute
 - Explore potential solutions together
- EMPATHY**
 - Positively reframe the conversation
 - Explore common ground to build trust
- ACTIVE LISTENING**
 - Genuine demonstration of interest & understanding
 - Connection with speaker's perspective
- BEHAVIOURAL CHANGE**
 - Use open ended questions
 - Paraphrase the speaker's words
 - Identify & confirm the speaker's emotions

Contact us for bespoke support informed by research.
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How to... CLOSE the DISADVANTAGE GAP

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- **Frequent teacher feedback** - improving the quality of teaching through professional learning, discussion, practice & constructive feedback to teachers.
- **Use of data to guide instruction** - understanding how learning is progressing for learners & exactly what needs to become next.
- **High dosage tutoring** - small groups of 6-8 pupils receiving tuition 4-5 times a week for areas of weakness e.g. reading/maths.
- **Increased instructional time** - adding to the total amount of time pupils are taught by their usual teachers within the academic curriculum.
- **Maintaining a culture of high expectations** - both for academic achievement and for behaviour through clearly articulated expectations that are fully embraced.

Ref:- 'Getting Beneath the Veil of Effective Schools' Dobson & Fyfe (2013)

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EMOTIONAL RESILIENCE

Albert Ellis in his Rational Emotive Behaviour Therapy, identified 12 dysfunctional beliefs that people often hold & limit their emotional wellbeing.

How to counter irrational thoughts:-

- 1 Write down your thoughts & recognise when they are irrational. "I've lost my job. I'll be unemployed forever."
- 2 Tell yourself to STOP the irrational thought.
- 3 Replace the thought with a rational alternative. "I've lost my job, this is my chance to get a better one."

Irrational belief → Emotional problem

EXTREME: I have no control at all over my own happiness. Life is easy & I just react to events. Sometimes I'm happy & sometimes I'm sad.

ZONE OF OPTIMAL CONTROL

EXTREME: I have absolute & complete control over my own happiness. Life is difficult but I am proactive & try to control my emotions & how I think.

[World Education Summit](#)



Don't forget your membership to world Education Summit is still live and offers over 400 hours of recorded footage. We will be highlighting sessions throughout the year. If you do not have a login, please contact Jennifer.marr@midlothian.gov.uk

Following on from Educations Scotland Supporting Workforce Wellbeing offer we would like to draw your attention to the World Education Summit Theme: Paths to Wellbeing

[Paths to Wellbeing](#)

Not a static point but a journey to physical, mental, emotional, social, and spiritual aspects.

In this theme you will find the following recordings amongst others:

- Three Forces to Lift Wellbeing in Schools - *Professor Andy Hargreaves & Dr Dennis Shirley*
- Safe, Well, and Learning: Thriving in 2022 - *Professor Linda Darling-Hammond*
- The Power of Checking in and Journalling - *Jacob Martin & Charlotte Ruddy*
- What is energy? How to create positive energy in education - *Action Jackson*
- Kindness: the Foundation for Relationships and Well-Being in Children- *Professor Robin Banerjee*
- You Are Not Everyone Else: Mining Awe and Wonder - *Gavin Oattes*



[Inspection of early learning and childcare and school age childcare services: consultation](#)

This consultation is seeking views on a vision for how inspection of registered childcare services will contribute to improving outcomes for children and families, the current approach to inspection and a proposal for a shared quality framework.

In June 2021 Professor Ken Muir's appointment was announced as an independent adviser on education reform. When Professor Muir was to undertake this work, he was encouraged to recommend the transformational changes that would be needed to deliver an improved education experience for all children and young people. The response to that exercise has been significant a collective commitment to all stages of education is heartening. The significant reforms being taken forward are designed to improve outcomes and build trust in Scotland's education system, putting learners at the centre, supporting teachers and practitioners and instilling integrity, fairness and accountability throughout our national education bodies.

[Let's Talk Scottish Education - National Discussion](#)

The time has come for a new national discussion on education, one which will give everyone the chance to have their voice heard. Everyone who has an interest in the future of our education system is invited to take part: children and young people, parents and carers, practitioners, and those in the wider Scottish community to pause, to reflect and to contribute to a future vision for Scottish education. Please use [this survey](#) to share your hopes and ideas for the future vision of Scottish education. Closes 5th Dec 2022

[Take the survey - Scottish Government - Citizen Space \(consult.gov.scot\)](#)