Blairvadach Outdoor Centre

supporting

Curriculum for Excellence

- https://www.youtube.com/watch?v=robtm8V-1fQ

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Adventure

Challenge

Education

Where is Blairvadach?

1 hour from the city

What's at Blairvadach?

Do we feed you at Blairvadach?

Where do I sleep at Blairvadach?

What's to do inside Blairvadach?

What should I bring?

Old warm clothes

To wear on activities

You must have at least two complete sets

Old tee shirts x2

Old jumpers/trackies x4

Old joggies x2

Long socks x4 pairs

What should I bring?

Towel, soap, toothpaste, toothbrush, shampoo etc

What should I bring?

Indoor clothes and slippers or trainers

What does Blairvadach give you

The Blairvadach day

7:45	Time to get up and get ready for the day
8:15	Breakfast and get packed lunches

After breakfast we set off on activities and finish about 4.30 in time for a shower and change before dinner

5:30	Dinner

After dinner there is diary time, an evening activity and some free time

9:30	Bed
10:00	Lights out

Activities

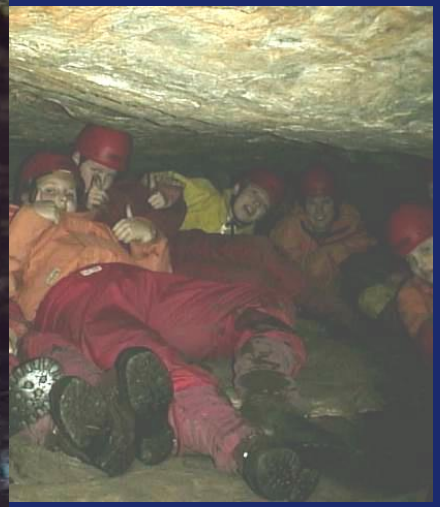
- Depends on the time of year
- Can be achieved by all
- Are outdoors regardless of the weather
- Will involve getting wet or muddy
- Can involve some degree of RISK

Biking

Ropes Course

Hillwalking

Scrambling



Climbing

Orienteering

Canoeing

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Weekend Plan

Rosshall Weekend – Friday 6th

- Pupils should attend school in casual clothes on Friday, and bring their luggage to Pastoral Care (no bigger than a cabin size case!)

- No pupil should leave at the end of the school day – we will meet in the social space at 3pm, ready to get the bus and leave at 3.30pm!

- When we get to Blairvadach, we will settle in, have dinner and then complete an activity. Bed time is 9.30pm, lights out by 10pm!

Rosshall Weekend – Sat 7th

- After getting up at 7.45 and tidying rooms (bed made, curtains open, floor clear etc) we will have breakfast together.
- The group will then split into two, with half of pupils staying for a 3h **N5 English** session, and the other half completing outdoor activities. After lunch, the groups will switch round.
- We will have some free time and dinner together and another evening activity before bed.

- 7.45 – wake up
- 8am – tidy and get ready!
- 8.15-9 – breakfast
- 9-9.30 – meeting
- 9.30-12.30 - study/activity
- 12.30 - 1.30 - lunch
- 1.30 - 4.30 - study/activity
- 4.30 - 6pm - Free time
- 6-7pm - dinner
- 7pm – Activity/Disco/games
- 9.30pm - BED :)

Rosshall Weekend – Sun 8th

- After getting up at 7.45 and tidying rooms (bed made, curtains open, floor clear etc) we will have breakfast together.
- The group will then split into two, with half of pupils staying for a 3h **N5 Maths** session, and the other half completing outdoor activities.
- After lunch, the groups will switch round.
- We will then leave Blairvadach to come back home at 4.30pm…

- 7.45 – wake up
- 8am – tidy and get ready!
- 8.15-9 – breakfast
- 9-9.30 – meeting
- 9.30-12.30 - study/activity
- 12.30 - 1.30 - lunch
- 1.30 - 4.30 - study/activity
- 4.30 - Home Time!!

Rosshall Weekend – Sun 8th

- Pupils will be asked to text/call when we are closer to the school.
- We should arrive back between 5.15-5.30pm.
- The bus drops all pupils off at the school, and we require all parents/carers to collect their children.
- Thank you for your patience as we make sure each young person is collected safely :)

What To Bring…

You might also want to bring swimwear, sunglasses etc.

During your Blairvadach visit you will be outdoors in all weathers.

To help you stay warm and comfortable, please use the checklist below to ensure you bring the correct items.

Clothes for activities will get wet, dirty or even damaged and may be washed and tumble dried. Please remember this when packing and don't bring your best clothes.

Blairvadach will supply all waterproofs, protective clothing and footwear to enable you to take part in the activities.

Clothing for Outdoor Activities	√tick when packed
Old long sleeved top or fleece x3	☐
Old T-shirts x3	☐
Old trousers or joggies x3 (Jeans are not suitable)	☐
Warm socks x 4 prs	☐
Underwear	☐
Old trainers	☐
Warm hat and gloves	☐

Also – iPads and Study Materials!!

What To Bring…

Other clothing and equipment

- Indoor clothes ☐
- Pyjamas ☐
- Towel ☐
- Soap, toothbrush etc ☐
- Any medication require e.g. Inhaler ☐
- Water bottle ☐
- Flask ☐

Also – iPads and Study Materials!!

What Not To Bring…

- Snacks (especially no GUM and no NUTS)
- Valuables/Jewellery
- Aerosols
- Your best clothing…

Please note that mobile phones are brought at pupils' own risk