



# Secondary Menu

**WEEK**

**1**

Select a main meal, drink and dessert. Choose as much fruit and veg, soup and bread as you like.

- ✓ All meals include choice of plain semi-skimmed milk and bottled water
- ✓ All options include – yoghurt and fresh fruit for dessert
- ✓ All dishes are served with a choice of seasonal vegetables or side salad



**We also offer  
Homemade soup with  
a selection of bread**

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b>	Roast Chicken Yorkshire Pudding Potatoes	Potato Wedges Topped with Beef Chilli	Macaroni Cheese with Garlic & Herb Bread	Sausage in Gravy with Potatoes	Breaded Fish Oven Chips or Baby Jackets
<b>Vegetarian</b>	Quorn Vegan Dipper Salad Wrap	Quorn Hot Dog	Pitta Pocket with Falafel & Salad with Sweet Chilli Sauce	Spicy Bean Burger in a Bun	Tomato Pasta Garlic & Herb Bread
<b>Snack 1</b>	Cheese & Tomato Pizza	Rollover Chicken Hot Dog in a Bun	Southern Style Chicken Goujon salad Wrap	Cheese and Tomato Pizzini	Katsu Chicken with Rice
<b>Snack 2</b>	Chicken Goujon Salad Wrap	Tandoori Chicken Salad Wrap	Tuna Mayonnaise Baguette	Chinese Chicken Pitta Pocket with Salad Cucumber & Yoghurt Dressing	Turkey Salad Baguette
<b>Snack 3</b>	Chicken Pasta Salad	Cajun Chicken Pasta with Spring onions	Sweet Mediterranean Chicken, Salad and Yoghurt and Cucumber dressing served on a flat bread	Chicken Tikka Salad Flat Bread	Soup & Toastie MD

**Medical Diet – If you have any dietary requirements please contact the catering manager**

All our menus are analysed in accordance with the Food and Drink in Schools (Scotland) Regulations 2020



# Secondary Menu

**WEEK**

**2**

Select a main meal, drink and dessert. Choose as much fruit and veg, soup and bread as you like.

- ✓ All meals include choice of plain semi-skimmed milk and bottled water
- ✓ All options include – yoghurt and fresh fruit for dessert
- ✓ All dishes are served with a choice of seasonal vegetables or side salad



**We also offer  
Homemade soup with  
a selection of bread**

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b>	Beef Steak Pie with Potatoes	Chicken Meatballs in Tomato Sauce with Pasta	Beef Spaghetti Bolognese with Garlic & Herb Bread	Chicken Curry with Noodles	Breaded Fish Oven Chips or Baby Jackets
<b>Vegetarian</b>	Quorn Curry with Rice	Cheese Omelette with Oven Chips or Baby Jackets	Vegetable Spaghetti Bolognese with Garlic & Herb Bread	Quorn Vegan Sausage with Potatoes	Quorn Pasta Salad
<b>Snack 1</b>	Tandoori Chicken Salad Baguette	Chicken Tikka Salad Flat Bread	Chicken Burger in a Bun	Baked Potato with Salmon Mayo	Turkey Salad Baguette
<b>Snack 2</b>	Tuna Pasta Salad	Spicy Chicken Pizzini	Cheese & Tomato Pizza	Beef Burger in a Bun	Sweet Chilli Chicken Salad Wrap
<b>Snack 3</b>	Chicken Poppers with Salad	Cheese Panini	Piri Piri Chicken Salad Baguette	Rollover Chicken Hot Dog in a Bun	Baked Potato with Cheese & Coleslaw

**Medical Diet - If you have any dietary requirements please contact the catering manager**