















Useful links for Parents and Carers with pupils with Autism (also ADD/ ADHD)

Understanding Autism Scotland Is excellent E.g. post diagnosis support, autism passport (parents and pupils give info), Facebook posts too, emotional regulation, self care and new teen course starting	 SCAN ME
Spectrum Gaming Resources on school trauma, parent courses, nest approach to meltdowns and also gaming community on discord with own Minecraft server and support to make friends	 SCAN ME
The Plight of the Parent.co.uk 'separation anxiety comes from a very different place in autistic children'	 SCAN ME
Facebook 'Not fine in school'	 SCAN ME
Facebook Autism Inclusivity	 SCAN ME
Let's Introduce Anxiety Management (LIAM) online	 SCAN ME

Dr Naomi Fisher (psychologist) Facebook <u>Dr Naomi Fisher on self-directed learning and how schools can do more harm than good</u>	 SCAN ME
The autistic teacher Facebook	 SCAN ME
Education Otherwise Than At School - EOTAS Matters supporting SEN Families	 SCAN ME
Sally Cat's PDA page (Pathological Demand Avoidance)	 SCAN ME
Autistic Emotional Regulation Webinar YouTube	 SCAN ME
Rosshall Support Reading List (Amazon)	 SCAN ME

