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Invite to Autism Support Group- Wed 11th Jan, 6pm

(You are receiving this letter as your name has been passed to me by your pupil's Pastoral Care teacher as someone who would be interested in the information below)

Dear parent/ carer,

Early next year, we will be holding a support evening for parents/ carers with young people with Autism (or Asperger's). This can include those who are diagnosed, suspected/ showing traits or awaiting diagnosis.

I will be present, as will Fiona Drummond (Faculty Head of Support for Learning) as well as Mairi McAdam (FH of Science). Mairi is a parent with a young person with autism and is keen to share her story and offer practical advice and support which others may find useful. Mairi has been through the challenge of having a child with undiagnosed autism who refused to attend school but who, through her personal quest to find out more and learn about her child's autism, has seen huge improvements in her daughter's wellbeing and school engagement.

The aim of the evening is simple- to offer parents a forum to ask questions, share stories and supports and to get practical advice and support from school staff.

We know that Autism is different for all young people and all families. Some people struggle day-to-day, whilst others cope perfectly well. Some cope at school, whilst others cannot even attend and vice versa. The point of the evening is simple: to offer support and advice, both from the school but also from fellow parents and carers.

We aim to create a supportive, private and informal atmosphere to enable us to support one another, and perhaps even establish a support network moving forward (though there is no expectation of anything other than coming along and chatting).

The evening will happen on Wed 11th January at 6pm in the Hub space in the school library. Teas and coffees will be available.

We would be delighted to have you come along- please complete the brief note of interest form to give us an idea of numbers for the evening: https://forms.office.com/e/UDbApb5W7p

If you have any questions about any of the above, please do not hesitate to contact me at the school.

Yours faithfully,

R Willand

Mr Clelland

PT Employability & Family Engagement (Pastoral Care)

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