

S1 BGE Plan

Subject	What will we learn?	What skills will we develop?	How will we be assessed?	What homework will we have?	What experiences/extracurricular clubs will be offered?
PE	<p>To develop Physical Skills, Personal Qualities, Cognitive Skills & Physical Fitness through a range of at least 12 different activities.</p> <p>Basketball – Physical Skills & Cognitive Skills</p> <p>Football – Physical Skills & Personal Qualities</p> <p>Rugby – Physical Skills & Cognitive Skills</p> <p>Netball – Physical Skills & Personal Qualities</p> <p>Volleyball – Physical Skills & Cognitive Skills</p> <p>Handball – Physical Skills & Personal Qualities</p> <p>Trampolining – Physical Skills & Personal Qualities</p> <p>Badminton – Physical Skills & Cognitive Skills</p>	<p><u>Literacy</u> Communication, terminology.</p> <p><u>Numeracy</u> Counting, measuring, timing, scoring.</p> <p><u>Health & Wellbeing</u> Including: Physical – awareness of activity levels Mental – developing resilience Emotional – developing confidence Social – building relationships</p> <p><u>DYW</u> Communication, leadership, respect, working with others</p> <p><u>Citizenship</u> Tackling inequalities through sport including; Anti-racism Anti-sectarianism</p>	<p>On-going assessment throughout each activity.</p> <p>Teacher judgement at the end of each block based on the CfE benchmarks.</p> <p>KU Test for 2 activities throughout year</p>		<p>A variety of extra-curricular lunchtime & after school clubs.</p> <p>Involvement in competitive teams & recreational games.</p> <p>Sports Day</p> <p>Reward opportunities throughout the year led by Sports Leaders.</p> <p>S1 Transition event in August/September</p>

<p>Dance/Social Dance – Physical Skills & Personal Qualities</p> <p>Table Tennis – Physical Skills & Cognitive Skills</p> <p>Cross Country – Physical Fitness & Personal Qualities</p> <p>Gymnastics – Physical Skills & Personal Qualities</p> <p>Orienteering – Physical Fitness & Personal Qualities</p> <p>Fitness – Physical Fitness & Personal Qualities</p> <p>Athletics – Physical Fitness/Skills & Personal Qualities</p> <p>Play Maker – Personal Qualities & Cognitive Skills</p> <p>Softball – Physical Skills & Cognitive Skills</p>				
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