

Your teacher will inform you of what task to complete from the list of topics below via **SHOWBIE/GLOW** depending on what topic/stage your class is at. Any materials required to complete these tasks will be posted on **SHOWBIE/GLOW**. If you have issues accessing your classes on **SHOWBIE** please email your teacher through GLOW.

Contemporary Food Issues

- Create a leaflet explaining the importance of locally produced and seasonal foods and why we should choose them.
- Look at a food label of an item in your kitchen cupboard and record all the information you can find on it.
- Additional: watch the videos on the BBC bitesize and take notes.
 - <https://www.bbc.co.uk/bitesize/topics/zqmpb9q/resources/1>

Practical work

- Complete recipes from the following link
- Record the main nutrients in the dish.
- Take a photo of your final dish and send it to your teacher on Showbie/glow.
- <https://www.foodafactoflife.org.uk/recipes/>