



	Date & Time	North Workshops
	05/03 12.30-14.30	Why Won't You Eat
	12/03 12.30-14.30	Sleep
	19/03 12.30-14.30	Supporting your child to manage their anxiety

Date & Time	South Workshops
14/03 10.00-11.30	Visual supports to aid understanding, routines and transitions
21/03 10.00-12.00	Sense-Ability

North: NCT Centre, 15 Manse Road Newmains, ML2 9AX South: Blantyre LIFE 90 Park Lane, Blantyre, G72 9AS

To book workshops within the north or south please email details of which workshop you would like to attend to Workshops.NDS@lanarkshire.scot.nhs.uk

Date &	HOPE for Autism
Time	Workshops
12/03 10.00-12.00	Sense-Ability
21/03	Why Won't You Eat
18.00-20.00	(zoom)



We also run our workshops in partnership with HOPE for Autism. To book hope workshops, please use QR code above which takes you to their Eventbrite page. Workshops are live to book 2 weeks before scheduled date

