**Significant aspects of learning**

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As educators, we must strive to link each aspect of the fore mentioned policies into our teaching practice. Growth mindset definitely lends itself to the personal qualities heading of the Significant aspects of Learning (SaoL) such as resilience, motivation, confidence and leadership As a result of developing these qualities the pupils will be in a positive mental state of mind to improve their fitness level, develop a new skill, cooperate as a part of a team, solve problems and demonstrate leadership skills.

‘[Building the curriculum four paper’](http://www.gov.scot/resource/doc/288517/0088239.pdf) is a policy document designed to support schools and teachers in the delivery of the curriculum. It examines how to equip young people to thrive in modern society (Scottish Government, 2009).The SaoL look to provide young people with lifelong interpersonal skills such as confidence, resilience and motivation (Scottish government, 2014).The four key capacities stated by the CfE are designed to improve the quality of learning and mould the young people into confident individuals, effective contributors, responsible citizens and successful learners (Scottish Government, 2004). Drawing particular attention to a learner as an effective contributor it highlights the importance of demonstrating resilience in the face of adversity or failure. The resilience theory (Blackwell et al 2007; Molden & Dweck, 2006) is a by-product of a growth mindset approach in the physical education classroom, as the pupils endure setbacks when partaking in sport team games.

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It is imperative that the pedagogy of growth mindset is not viewed as a separate entity from other key drivers such as the ‘Significant Aspects of Learning’, Curriculum for Excellence developments, How Good is Our School and the Right Respecting School Award and the Health and Well-being indicators, to name a few.