



# Maxwellton Primary School



## PE 2021-2022

### PE Lessons at Maxwellton Primary School

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At Maxwellton Primary School we love being active and healthy and try to take every opportunity to promote and encourage sport and activity with our children. Maxi loves sports! As part of the Scottish Government guidelines, every child in primary education should receive 2 hours of physical education every week. Please see below your child's PE days for this coming session 2021-2022

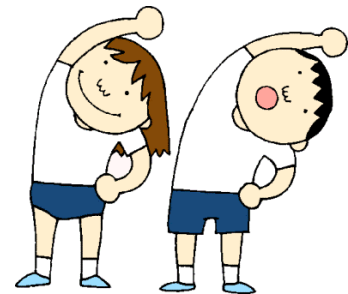
### PE Days

Primary 1	Tuesdays	Thursdays
Primary 2	Mondays	Wednesdays
Primary 3	Wednesdays	Thursdays
Primary 4	Tuesdays	Wednesday
Primary 5	Mondays	Thursdays
Primary 6	Wednesdays	Fridays
Primary 7	Mondays	Thursdays

### Health and Safety

Health and safety is obviously extremely important during physical education and as part of this we ask that all jewellery is removed for PE lessons and on the days that your child has PE. If your child is unable to remove their earrings then medical tape should be provided and placed in your child's school bag to be used for PE days.

If for any reason your child is unable to participate in PE then a written note or email must be sent in to our school office providing the reason for this. We want to promote a positive and healthy attitude to PE within Maxwellton as part of our curriculum.



The highest standard of behaviour is expected during PE lessons and when using equipment.

Our school rules are

- Respect for Learning
- Respect for Others
- Respect for Self

We appreciate support from parents in reinforcing these rules with our children.

### PE Kit and Clothing

Due to the current Covid guidelines children can come to school dressed in their PE kit on PE days. PE kit consists of white polo shirt, black leggings or joggers or shorts. Children can also wear their trainers

on PE Days. If you have any other questions regarding PE please do not hesitate to contact us.  
[gw14maxwelltonoffice@glow.sch.uk](mailto:gw14maxwelltonoffice@glow.sch.uk) . Many Thanks.