

November 2025 (This month does not link with ECO)

Anti-bullying (focus on friendships) - Article 15 and Article 19 Responsible

& Included

Activity 1 - Share a compliment

Introduce the concept of compliments and give an example to the children you are working with. Ask the children to think about something they like or think is special about their peers. Task the children to draw around each other's hands, writing, drawing or gluing in a word what makes that friend special.

Resources - Floorbook, paper, glue, pens/ pencils, printed out words (located in folder)

Things to think about - Discussions about kind and unkind, golden rules and emotions, what can we do if we see acts of unkindness. What can we do?

Activity 2 - Kindness Rock Painting

Children to decorate stones with kind messages or symbols of friendship and place them in a friendship garden (locate in outdoor area e.g. wooden planters)

Resources - Rocks and acrylic pens

Things to think about - A reminder of positive interactions, discuss words which highlight friendship, what actions make a good friend and remembering to focus on skills/ abilities.

Activity 3 - Team building activity

Set a challenge for children to work together, discussing the importance of helping a friend and each other. Choose some activities that focus on this. Examples - Scavenger hunt, Keep the balloon in the air or Blindfold challenge.

Resources - Examples of activities can be found in UNCRC folder. Paper, pens, small objects to hide. Balloons. Piece of material (blindfold) gym/ outdoor obstacle course.

Things to think about - Role model positive language amongst peers - emphasis on encouraging each other/ spurring each other on e.g. well done, I like how you...

Activity 4 - Friendship potions (STEM)

Discuss with the children what they think makes a good friend? [Discuss what happens when colours change, what floats, what sinks etc.](#)

Resources: Word potion cut outs, how to be a good friend cards, cauldron poster. This activity could be adapted dependent on child interests / imagination e.g. adding glitter to cauldron to resemble being kind to someone.

Things to think about - Discuss different characteristics and attributes of a friend.