



PATHS: Lesson 3: SIMOA Introduction

Safety Inspect Monitor Observe Act



- Put down the sitting mats
- Ask the children to join hands and sing Ring a Ring a Roses
- Once sitting sing the Welcome Song
- Check in with thumbs up

Resources – SIMOA Leaflet, This Is How We Keep Safe book, Elephant

Re-cap golden rules: Talking voices, listening ears, looking eyes, kind hands, walking feet.

Twiggle and Henrietta are running in the playroom when Twiggle falls over and bumps his head, he is feeling sad. SIMOA comes to help him and tells him that to stay safe we must follow our golden rules.

Introduce SIMOA the elephant to the children as our new friend, explain that SIMOA is here to help us learn how we can make sure we are all safe in nursery and at home. SIMOA will show us different ways to keep us all safe in a variety of different situations.

Ask the children to share things that can keep us safe or things they do at home/nursery to stay safe.

Use the pages from the book as a guide to show examples of keeping safe.

Sing the Goodbye Song.

Safety ; Responsible

UNCRC Article 19 : I have the right to be protected from being hurt or badly treated.

***** Use examples of SIMOA within the playroom with your group: light switches, doors, SIMOA safety officer*****

