

Paths in Practice

All children will have weekly sessions with their key group giving them opportunities to learn how to recognise their own emotions as well as others and will support their understanding of how to express how we are feeling. The main characters are Twiggle the Turtle, Henrietta the Hedgehog, Duke the Dog and Daphne the Duck.

At Largs Early Years we have also added 2 new characters to our centres PATHS programme:

SIMOA- Our Safety inspector elephant.

Monty- Our inclusive ambassador to help us learn about how our brains all work differently.

By promoting safety and inclusivity within our PATHS programme we are creating supportive environments where children can not only thrive but learn about and uphold their rights. The UNCRC emphasises children's rights to safety, education, equality and participation.



Article 6- The right to develop;

A safe and inclusive environment fosters all aspects of a child's development - physical, emotional, cognitive, and social. This supports every child's overall right to develop to their full potential.

Article 19- The right to protection;

Developing safety in our setting allows us to ensure our children are safeguarded from potential risks. Learning how to keep themselves safe and identify potential risks and how to avoid these will be a priority during our SIMOA sessions.

Article 28- The right to an education;

Ensuring a safe and inclusive learning environment promotes the development of critical life skills, cooperation, empathy and respect for others.

Caring Learning Inclusive Kind



P.A.T.H.S

Promoting Alternative Thinking Strategies



INSPIRING
SCOTLAND



P.A.T.H.S

PATHS is a social and emotional development programme. Within Largs Early Years centre we have adapted the programme to meet the wellbeing needs of children. In doing so this links to the Scottish Government Document (2020) Realising the Ambition. Thus promoting linked areas such as self regulation, social development and creating opportunities for communication and language.

Benefits

Increased emotional literacy e.g talking about feelings.

Increased ability to self regulate.

Greater sense of calmness and respect.

Helps the promotion of positive relationships between parent/carer and child.

Benefits for Children's Learning

Routine of circle time.

Recognising everyone has a "voice".

How to give a compliment and accept compliments to raise self esteem.

Understanding of basic feelings– Happy, sad, angry and excited.

Awareness of others feelings through facial expression and body language.

Recognition of complex feelings– proud, frustrated, disappointed.

Developing an awareness of the need for rules.



What parents and carers can do at home.

Talk to your child about feelings and encourage them to name their own feelings.

Discuss real life scenarios of how people are feeling.

Encourage children to recognise others feelings and emotions through films, books and character's.

Use compliments at home.

Try and use a consistent and calm approach to problem solving.

Links to Curriculum for Excellence and UNCRC.

" I am aware and able to express my feelings and I am developing the ability to talk about them." HWB 1a

"I know that we all experience a variety of thoughts and emotions that affect how we feel and I am learning ways of managing them." : HWB 2a

UNCRC Article 24:

"Every child has the right to the best possible education on health and wellbeing."