

December

Disabilities Awareness Month - Article 23 - Right to live a full and decent life with dignity

Article 2 - All children have these rights

Activity 1 - Barrier Breaker Relay/obstacle course

An activity to represent physical barriers people with a disability may face on a daily basis. Setup a simple obstacle course and ask children to work with a partner to complete. One child will wear a blind fold and the other will give instructions to complete the course. Afterwards can also play a game where children have to only communicate using gestures e.g. hide an object and try to communicate to friends where it is.

Resources - gym hall or outdoors, blind fold, outdoor/gym equipment e.g. hoops, beanbags etc.

Things to think about - Discussions afterwards to reflect on how people with disabilities may face daily challenges and emphasises the importance of working together to support each other and promote inclusion

Record - SeeSaw post

Date/ week covered:

2/12/24

(Painting blind folded)

10/12/24

Activity 2 - Accessibility Scavenger Hunt

Go on an accessibility scavenger hunt. Search for items related to accessibility features in their environment e.g. ramps, automatic opening doors, braille signage, switches at lower levels, parking spaces etc.

Resources - Clipboards and pens to record findings on hunt

Things to think about - Discussions afterwards to reflect on how these things can make life more accessible and help others to overcome challenges. What difficulties could people with disabilities face if these weren't in place?

Record - sheets added straight into floorbook

Date/ week covered:

4/12/24

Activity 3 - What is in the box

'What is in the box?' discussion activity. Sing the 'What's in the box' song and children can take turns to pick something out the box and discuss what it is. Explaining to children what each item is and how it is used.

Resources - box, disability sign, ear defenders, glasses, sunglasses, hearing aid, wheelchair, sunflower lanyard.

Things to think about - Remember not all disabilities are visible. Some are clear to see, but others are invisible and that is why we should treat everyone kindly and with compassion, being aware that we are all capable of different things and our brains work differently.

Record - Comments straight into floorbook

Date/ week covered:

Activity 4 - Sensory Exploration Station

A range of sensory experiences. Textured objects for tactile stimulation. Sound recordings to simulate hearing impairments. Goggles to reflect visual impairments. Explain and show how Tac Pac is used. Ear defenders. Weighted Blanket

Resources: Sound recordings - Ipad. Goggles. Ear defenders. Weighted blanket. Textured objects.

Things to think about - Reflect on how we all perceive the world differently

Record - Seesaw post

Date/ week covered:

2/3 Room Activity

Story time with diverse characters - looking at a range of books which have characters who wear glasses, use a wheelchair etc. Pointing these out to children

Resources: Selection of books

Things to think about - help children to make links to similarities and differences of characters to children/people they know e.g. Child also wears glasses, gran uses crutch etc.

Record - Post on Seesaw

Date/ week covered: