

September



**Focus on Articles 38 & 39 - Underpinned by International Day of Peace**

**Activity 1 - Safe Place**

When something bad has happened to someone, it is important that they feel safe. Think about where you feel safe. Draw a picture of your safe place and share it with a friend.

**Resources -**

Paper, crayons, pen, pencils, paint

**Things to think about -** Play calming music alongside, talk about colours that make you feel calm and peaceful, do you have an object/toy that makes you feel calm and safe?

**Activity 2 - Finger picture**

Draw around your hand and on each finger write a different person that you could talk to if you had a worry or didn't feel safe.

**Resources -**

Paper, pens, pencils

**Activity 3 - Friendship potion**

Create a friendship potion - Use printed potion outline for children to then add different materials each resembling a different quality e.g. sprinkles to resemble someone's laugh etc.

**Resources -**

Printed outline for potion (UNCRC folder), glitter, sprinkles, collage,

**Things to think about -**

Talk about different characteristics that make people individual, kindness, friendly, sensitive, empathetic. Remembering not to focus on features of how someone looks, clothes they wear etc.