



Largs Early Years Centre Prevention of Infection Policy

Rationale

To ensure that all staff and students are aware of procedures to prevent the risk of infection for all children and adults

Aims & Objectives

- To ensure that all staff are aware of the procedures for food handling and preparation. (Also see [snack preparation policy](#))
- To ensure that all staff are aware of enhanced cleaning routines including checking the fridge temperature.
- To ensure that all staff are aware of toilet routines and support this if needed

Responsibilities

Food Preparation

- Most staff should be trained in food handling and REHIS infection control
- Staff should ensure effective hand washing before preparing food and serving lunch.
- Aprons to be worn when preparing food and gloves if required
- Tables and areas should be cleaned before and after use with anti-bacterial spray
- Any cuts should be covered with appropriate covering/plaster
- Staff who have a cold or feeling unwell will not prepare food and should ask a colleague to do it.
- Coloured food boards will be used to prepare food and will be cleaned before and after use.
- All crockery and cutlery will be washed in dish washer after use.
- All fridges will be cleaned on a weekly basis however any spillages will be cleaned immediately.
- Staff will record the fridge temperatures daily
- Packed lunches will be kept in the fridge in containers and clearly labelled with the date and name.
- Small amounts of prepared food will be available to the children
- All food opened should be dated when opened and stored appropriately

UNCRC Article 3: Adults must do what's best for me

UNCRC Article 24: I have the right to good quality health care, to clean water and good food.

- All spillages will be cleaned immediately

Cleaning of Resources

- All chairs will be cleaned on a weekly basis and immediately if required
- All bins will be cleaned weekly on the outside with any spillages being cleaned immediately
- Cushions and soft furnishings will be washed regularly
- Toys wiped or cleaned regularly when in use and before being put away
- Both playrooms will remove and clean any toys being mouthed by children during and after each session.
- Children's belongings will be kept in their individual boxes
- Any blankets used will be washed after each use
- Outdoor equipment will be cleaned on a regular basis and as necessary
- Any soiled clothing will be double bagged and placed on peg or box underneath.

Toilet Routine and Hand Washing

- Children are encouraged to wash their hands before and after handling food or drinks.
- Children are encouraged to wash their hands after using the toilet using warm water and soap drying their hands with paper towels.
- Children are encouraged to wash their hands when they cough, sneeze or blow their noses and touching animals.
- Toilet areas will be cleaned on a daily basis before and after each session.
- Changing mats will be cleaned after each individual's use.
- Gloves and aprons will be worn when changing babies and children.
- Nappies will be placed in a plastic bag before being put in appropriate bins.

Tooth Brushing

- Staff will ensure all children have their own toothbrush
- We will follow child smile guidelines for dispensing toothpaste
- Toothbrushes will be cleaned individually and buses will be sprayed with anti-bacterial spray
- Toothbrushes that have fallen on the floor will be discarded

UNCRC Article 3: Adults must do what's best for me

UNCRC Article 24: I have the right to good quality health care, to clean water and good food.

- Staff will ensure they wash their hands before and after helping children with tooth brushing.

Handwashing

- Children will wash their hands with water and soap at regular times including before snack, before lunch, after going to the toilet.

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Review annually