Early Years Allergen Chart Menu Cycle: August 2024 Key North Ayrshire Counci Allergen contained within dish MC May Contain - Allergen is present at the manuafacturing site and our suppliers believe there is a significant risk in cross contamination 2 3) B Cereals Sesame Sulphur Celery containing Fish Milk Soya Crustaceans Eggs Lupin Mollusc Mustard Nuts Peanuts Seeds Dioxide Gluten Soups Tomato Soup Lentil Soup Potato & Leek Soup Vegetable Soup **Main Options** Cheese Pizza Chicken Burger (Plain) M/C M/C M/C Chicken Curry & Rice M/C Fried Fish Macaroni Cheese Υ M/C Meatballs in Gravy M/C M/C Mince M/C Pasta Bolognaise M/C M/C M/C Pork Sausages in Gravy Υ Quorn Curry M/C Roast Chicken Salmon Fish Fingers Steak Pie Tomato Pasta M/C M/C Sausage Casserole Sides/Bread Baby Jacket Potatoes **Bread for Soup** Chips Coleslaw Creamy Poatatoes Crusty Bread M/C M/C M/C M/C M/C M/C

Garlic Bread		Υ		M/C			M/C			M/C	M/C	M/C	M/C	
Herb Potatoes										,	,	<u>'</u>		
Potato Wedges														
Mixed Salad														
Sweet of the Day														
Angel Delight							Υ							
Cookie		Υ												
Custard							Υ							
Fruit Jelly														
Fruit Platter														
Yogurt							Υ							
Drink														
Milk							Υ							
Sandwiches/Rolls/Wraps														
Cheese Roll		Υ		M/C			Υ						M/C	
Cheese Sandwhich		Υ					Υ						Υ	
Cheese Toastie		Υ					Υ						Υ	
Chicken Sandwhich		Υ											Υ	
Egg Mayonnaise Sandwhich		Y		Y			Y		Υ				Υ	
Roll & Chicken		Y		M/C			M/C						M/C	
Tuna Mayonnaise Roll		Υ		Υ	Υ		Υ		Y				M/C	
Tuna Mayonnaise Sandwhich		Υ		Υ	Υ		Υ		Υ				Υ	
Tuna Mayonnaise Wrap		Υ		Υ	Υ		Υ		Y				Υ	
Turkey Sandwhich		Υ											Υ	