Food Resources

**Better Eating, Better Learning**

* Recently published a decade on from Hungry for Success
* New initiative to aid the development of a healthier nation
* Aims to promote healthy lifestyle and food choices for all
* Provides information on food products and recommended daily allowances
* Not just focussed on food being ate but looks at other aspects of food ie. How to reduce waste etc.
* Provides a range of resources for practitioners to use to inform their practice
* Very idealistic; different in practice
* Eatwell Plate

<http://www.gov.scot/resource/0044/00445740.pdf>

<http://www.educationscotland.gov.uk/Images/j387169_tcm4-868158.pdf>

**Food for Thought**

* To support practitioners within the classroom
* To explore skills pupils will develop
* Aiming to transform lives through learning/educating
* Emphasis on pupils recording learning through use of eportfolios/profiles; reflect & progress
* Provides info on skills for lifelong learning
* Gives suggestions for evidence which practitioners can utilise
* Providing model examples for different curricular outcomes & shows progression through them

<http://www.educationscotland.gov.uk/Images/foodandhealthskillsbooklet_tcm4-810954.pdf>