Choose a team building activity that you could use to promote ‘building relationships’ in the classroom. Organise a group of volunteers from the MA course and try out the activity.

**Evidence: Include a copy of the team building activity, photographs or video of the event and reflect on the implications for using this within a full class.**

“Surviving the Tide”

What you need:

* Willing participants
* Rope

*Aim:*

To stay on land as the tide comes in

*How it works:*

Everyone is alive and on an island when suddenly,the tide comes in.

The island is represented by a piece of rope which is placed on the ground with a wide enough area for all participants to stand inside.

The teacher/responsible pupil then begins to decrease the island size.

The participants then have to work together to decide how they are all going to survive the tide coming in further. Any participant who falls outside the rope is now the tides food.

Once all discussion has ended, all participants step outside of the rope to analyse the area size which has been created and compare to the size at the beginning.

BUT …

How can you ensure everyone survives?

Can you make the area size smaller than the previous attempt?

Participants should work together to formulate new strategies which may be more effective; eg. Creating a human pyramid, piggy backs etc.