Choose a team building activity that you could use to promote ‘building relationships’ in the classroom. Organise a group of volunteers from the MA course and try out the activity (Aim for a full class!)

**Evidence: Include a copy of the team building activity, photographs or video of the event and reflect on the implications for using this within a full class.**

**Team Building Activity**

Activity: Shepherd and the Sheep; non-verbal activity ideal for small groups or small classes (10 maximum)

Resources:

* Scarfs/blindfolds
* Two forms of noise making instruments
* Rope for the pen

Instructions:

* One person is nominated a shepherd
* Rest of the pupils are sheep – need to be blindfolded
* All pupils need to discuss how they will communicate with the shepherd
* Once decided sheep are placed in different positions (by teacher or other pupils in class)
* Aim: The shepherd needs to get all sheep in the pen

\*To increase the challenge, a time limit can be set for children to beat their own time

Benefits of This Activity:

* Pupils develop listening skills
* Develop skills in decision making and negotiating with others
* Build up trust with peers
* Once completed pupils can feel a sense of accomplishment

Challenges:

* Might be difficult to work with a large group
* Working with each other- pupil disputes, no individual decisions
* Monitoring- making sure all are seen, time management

Points to Consider:

* Setting of the activity
* Who the participants are? Is it a suitable activity?
* Adapting to class to support them if needed (Communicating with shepherd)

Link giving instructions on how to carry out the activity:

<http://www.trainingcoursematerial.com/free-games-activities/team-building-activities/sheep-and-shepherd>