

# HERE ARE OUR IDEAS FOR A **Tobacco Free Aberdeen**

- Listen to smokers, what do they need to change.
- Make adults happy so they don't start smoking.
- Reward adults with money and prizes for not smoking.
- Show adults pictures of what smoking does to your lungs.
- Children can help by giving cuddles to parents.
- Let adults know smoking is bad for children.
- Tell the police to give adults warnings for smoking.
- Make banning smoking part of the law.
- Children could tell adults not to smoke.
- Make and put up more posters.
- Give adults healthy food to eat.
- Tell people you can get ill from smoking.
- Offer more fun activities for adults to do.
- Start a Help Group for smokers.



The Imagining Aberdeen programme brings together children from Bramble Brae, Manor Park, Riverbank and Tullos primary schools.  
Follow the project: [bit.ly/ImaginingAberdeen](http://bit.ly/ImaginingAberdeen)

As Imagineers children have been imagining Aberdeen as a place where young people don't start smoking and where adults stop smoking. We want this so that everybody can be healthy.