

A TYPICAL DAY IN MY LIFE

Name

A school day

Fill in the table below with information about a typical school day. An example has been done for you. Try to include as many details about your typical school day as you can.

Time of day	What I usually do
Waking up	<i>I usually wake up at around 6.30 am and turn off both my alarm clocks (I have two because first day I overslept & now I am paranoid that the alarm won't wake me up). It takes a few minutes before I am capable of getting out of bed and stumbling downstairs.</i>
Waking up	
Getting up	
Getting to school	
Before school	
Registration	
Before break	
Break time	

After break	
Lunch time	
Afternoon lessons	
After school	
Getting home	
Before dinner	
Dinner	
After dinner	
Bed-time	
Sleep - dreams!	

A TYPICAL DAY IN MY LIFE (2)

Name

A day in the holidays

Fill in the table below with information about a typical day in your holidays. An example has been done for you. Try to include as many details about your typical day as you can. The boxes are much bigger here, so you need to think harder about what you usually do in the holidays!

Time of day	What I usually do
Waking up	<i>Normally in the holidays I don't wake up until late morning. I snooze for a while listening to the television or the radio. I prefer to listen to Radio One because the music is always lively and the DJs tend to be funny. My favourite groups are 'The Spice Girls' and 'Oasis'.</i>
Waking up	
Getting up	
The morning	
Lunch time	

The afternoon	
Evening meal	
The evening	
Night-time	
Bed	