



Who is an Educational Psychologist and what do they do?

An Educational Psychologist helps others better understand how children learn and develop. They are interested in what works for children in school and how solutions can be found when things are not going well.

They can help others to understand more about:

- learning and teaching
- behaviours and emotions
- friendships and relationships
- mental health and well-being



Educational Psychologists can work in different ways.

They might:

- spend time in your class or around school to see how you are supported.
- meet with your parent/carer and teachers to discuss how to best support you at school.
- meet with you individually to find out more about you, for example what's important to you or what helps you learn. This might be a chat or completing an activity together.

How do you feel about this?



Confidentiality is an important part of working with an Educational Psychologist. Anything you share with them will be kept private unless you've said it's OK to share. They will agree with you what they are going to share.

Your information will be stored securely and more information can be found in [our privacy notice](#) on our website or through this QR code.



If they think you or someone else isn't safe, they will have to share this with others. They will let you know who they are going to tell and when this will happen.

If you want to talk more about this or have any worries, you can ask your teacher, parent/carer, or another adult in the school.

You can change your mind at any time if you do not want to work with an educational psychologist anymore.



My name is	
Date	

- ☐ Yes, I have read the above information or watched the video, and I consent to an Educational Psychologist being involved.
- ☐ I have read the above information or watched the video, and I do not consent to an Educational Psychologist being involved.