



## Who is an Educational Psychologist and what do they do?

An Educational Psychologist helps teachers and support staff understand how children learn and grow.



They can help others to understand more about:

- learning
- emotions
- relationships
- well-being

Educational Psychologists can work in different ways.

They might:

- spend time in your school or class.
- have a chat with you to find out more about you.
- speak to your parents/carers or teacher.



How do you feel about this?



Anything you tell an Educational Psychologist will be kept private unless you say it's OK to share with others. They will agree with you what they are going to share.



If they think you or someone else isn't safe, they will have to share this with others.



The Educational Psychologist will work with the people who know you well, to look for ways to help you learn or make you feel better.

If you want to talk more about this or have any worries, you can ask your teacher or another adult in your school.