

Nurture Survey 2022



The survey generated **131 responses** with **All** establishments reporting that Nurture Principles and Trauma Informed Approaches are Very Important or Important in informing school values.

For children and young people:

- **All (100%)** respondents report that pupils are involved in the development of Nurture and Trauma Informed Approaches in their establishments; examples were given on whole school, classroom, and individual levels.
- All (100%) of respondents Agree or Strongly Agree that Nurture and Trauma Informed Approaches improve relationships with pupils and increase pupil wellbeing.
- **98%** of respondents feel that a focus on Nurture and Trauma Informed Approaches positively impacts **learning** in their environment and **96%** feel that Nurture supports pupils to **regulate their strong emotions**.

For parents and carers: herapy

- All establishments mention the importance of Nurture in helping to develop relationships with parents/carers.
- Feedback from establishments emphasizes the importance of sharing information and advice with parents and carers on Nurture and Trauma Informed Approaches to increase wellbeing at home and in school / nursery.
- Creating dedicated spaces within the school for parents to visit is key for most learning establishments to support pupils and families in their communities.
- Parent working groups have been established in some settings and in others the use of newsletters and social media to promote increased knowledge for parents and carers.

"Our nurturing approach is clearly linked to our school values. All our pupil voice groups are aware of our nurture principles".

Glasgow Motivation Wellbeing Profile

For staff:

- All (100%) respondents told us that the Nurture Principles are Very Important or Important in informing their school values.
- Almost All (98%) told us that staff ethos and values are most important in supporting nurture and trauma informed approaches along with peer support (70%) and modelling of nurturing approaches by SMT (93%).
- 49% of respondents accessed 4 day and /or two-day Glasgow Nurture Training; 49% training from Educational Psychologists; 51% attended Glasgow Nurture Conference.
- Almost All (93%) report that professional learning in Nurture and Trauma Informed Approaches led to increases in staff confidence and Almost All (92%) reported that CPLP training in Nurture has increased their knowledge and skills.
- **70%** of respondents report that **peer to peer support and challenge** has helped develop Nurture and Trauma Informed Approaches in their establishments.