

A guide to

Goal Attainment Scaling

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| Goal Attainment Scaling is a 5-point scalewhich can be used toevaluate progress towards educational goals. |

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| -2 | Baseline  |
| -1 | Less than expected outcome |
| 0 | Expected outcome |
| 1 | More than expected outcome |
| 2 | Much more than expected outcome |



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| Step 1: Prioritise and establish goals* Prioritise a maximum of 3 words to focus on
* Goals should be positively worded and Specific, Measurable, Achievable, Realistic and Time-limited
* Keep in mind the principle "Small changes can lead to bigger changes" when setting realistic goals
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| Step 2: Set baseline descriptor* The baseline descriptor is where you are now in relation to the goal
* An accurate description of the baseline descriptor is important to ensuring change can be effectively evaluated
* This constitutes '-2' on the scale
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| Step 3: Set your expected outcome* Your expected outcome is what you expect to achieve following a determined period of intervention
* This ensures that everyone has a realistic expectation and shared understanding of what is hoped to be achieved
* This constitutes '0' on the scale
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| Step 4: Outline remaining elements of the scale* This ensures shared understanding of expected and possible outcomes
* Now that we know what we want to achieve and where we are now, what would -1, +1 and +2 on the scale look like?
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| Step 5: Evaluate outcome* Use pre-determined scaling to identify what has been achieved following intervention
* Has the intervention been effective?
* Keep in mind the principle "If it works do more of it; if it doesn’t work, try something else" to determine next steps
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An example

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| -2 | Baseline  |
| -1 | Less than expected outcome |
| 0 | Expected outcome |
| 1 | More than expected outcome |
| 2 | Much more than expected outcome |

Jamie will attend school 2/5 afternoons per week

Jamie will attend school 3/5 afternoons per week

Jamie will attend school 3/5 afternoons per week & 1 morning

Jamie will attend school 3/5 afternoons per week & 2 mornings

 Jamie will attend school 3/5 afternoons per week & 3 mornings