Qr code

Description automatically generated

A guide to

Goal Attainment Scaling

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| Goal Attainment Scaling is a 5-point scale  which can be used to  evaluate progress towards educational goals. |

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| -2 | Baseline |
| -1 | Less than expected outcome |
| 0 | Expected outcome |
| 1 | More than expected outcome |
| 2 | Much more than expected outcome |



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| Step 1: Prioritise and establish goals   * Prioritise a maximum of 3 words to focus on * Goals should be positively worded and Specific, Measurable, Achievable, Realistic and Time-limited * Keep in mind the principle "Small changes can lead to bigger changes" when setting realistic goals |

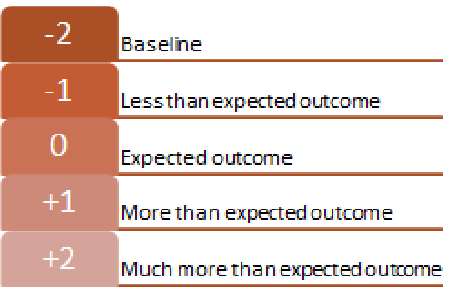
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| Step 2: Set baseline descriptor   * The baseline descriptor is where you are now in relation to the goal * An accurate description of the baseline descriptor is important to ensuring change can be effectively evaluated * This constitutes '-2' on the scale |

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| Step 3: Set your expected outcome   * Your expected outcome is what you expect to achieve following a determined period of intervention * This ensures that everyone has a realistic expectation and shared understanding of what is hoped to be achieved * This constitutes '0' on the scale |



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| Step 4: Outline remaining elements of the scale   * This ensures shared understanding of expected and possible outcomes * Now that we know what we want to achieve and where we are now, what would -1, +1 and +2 on the scale look like? |

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| Step 5: Evaluate outcome   * Use pre-determined scaling to identify what has been achieved following intervention * Has the intervention been effective? * Keep in mind the principle "If it works do more of it; if it doesn’t work, try something else" to determine next steps |



An example

|  |  |
| --- | --- |
| -2 | Baseline |
| -1 | Less than expected outcome |
| 0 | Expected outcome |
| 1 | More than expected outcome |
| 2 | Much more than expected outcome |

Jamie will attend school 2/5 afternoons per week

Jamie will attend school 3/5 afternoons per week

Jamie will attend school 3/5 afternoons per week & 1 morning

Jamie will attend school 3/5 afternoons per week & 2 mornings

Jamie will attend school 3/5 afternoons per week & 3 mornings