Solution Circles

The solution circle approach aims to help staff discuss issues as a group. This assumes and demonstrates that people within the establishment have the capacity to help. It is a flexible tool which encourages participants to maintain a positive, creative approach to problem-solving and generates strategies to problems and concerns.

# Find your circle

Ideally you want 6 to 8 people in your circle.

Appoint a timekeeper and a scribe.

# Problem talk

The presenter has 6 minutes to talk about their concerns, without interruption.

# Clarifying questions

For the next 6 minutes, the circle can ask follow-up questions for further clarification or information.

# Generate solutions

The circle should make suggestions about what to do next - these can be as creative as you like!

# Plan

The presenter chooses one suggestion to try, and one circle volunteer agrees to follow up with them in a week.

Glasgow Educational Psychology Service