The Principles of a Solution-Oriented Approach

The following principles underpin solution-oriented work to ensure best outcomes for all

Listen to the person; listen to the possibility

People have the necessary resources to make changes

Everyone has their own way of solving problems

A focus on future possibilities enhances

change

There are always exceptions to the problem

Small changes can lead to bigger changes

No sign-up, no change; collaboration enhances change

Language shapes and moulds how we make sense of the world

If it works do more of it; if it doesn't work, try

something else

The problem is the problem, not the person