



# Meetings with an Educational Psychologist (EP)



## What will happen at the meeting?

During the meeting, we will talk about things you enjoy, the things you are good at and things that you might find more difficult. This is to make sure that the adults around you are doing their best to help you learn and to feel safe and happy. We want you to be part of the meeting in a way that works best for you.



## How can I share what I think?

You might be happy to come along to the meeting, or you might choose not to. If you don't want to come to the meeting, an adult you trust can speak for you. It is very important that the adults in the meeting know what you think and feel.



## Who will be at the meeting?

Your parent or carer will be at the meeting. Adults from your school, who know you well, will also be there. If there are other people who help you, like Social Workers or health professionals, they may also be invited to the meeting.



## What happens next?

At the end of the meeting, everyone will know what they need to do next to help you. In the future, there may be other meetings to make sure you are getting the help you need.