



Consultation with an Educational Psychologist (EP)

What to expect when attending a Consultation Meeting with Glasgow's Educational Psychologists as a parent/carers

What is consultation?



Consultation is a collaborative process where we work together to explore current challenges and difficulties, as well as strengths and solutions to help a young person access learning and social opportunities in nursery or school. Consultation is a key part of the EP's assessment of a young person's needs.



Who will be at the consultation?

The people who are most involved in supporting the young person should be at the meeting. The young person may also come to the Consultation Meeting but if they are unable to, their views should be gathered and represented by someone they know.



What will the meeting look like?

The meeting will be led by the EP working in partnership with everyone present. Your expertise about your child/young person will be valued. We will work together to discuss needs, strengths and solutions. The EP will use this information to ensure shared goals are set.



What happens next?

Collaborative actions will be taken forward. After an agreed amount of time, these will be reviewed and evaluated. This may involve the EP's continued involvement, or this may be managed by the school/nursery.