School Refusal Assessment Scale – Pupil Versionⁱ

Please answer these questions on a scale of 0-6, where 6 = always and 0 = never.

1. How often do you have bad feelings about going to school because you are afraid of something related to school (e.g., tests, bus, teacher).

0 1 2 3 4 5 6

2. How often do you stay away from school because it is hard to speak to the other people at school?

0 1 2 3 4 5 6

3. How often do you feel you would rather be with your parents than go to school?

0 1 2 3 4 5 6

4. When you are not in school during the week how often do you leave the house to do something fun?

0 1 2 3 4 5 6

5. How often do you stay away from school because you feel embarrassed in front of other people?

0 1 2 3 4 5 6

6. How often do you stay away from school because you will feel sad or depressed if you go?

0 1 2 3 4 5 6

7. How often do you think about your parents or family when in school?

0 1 2 3 4 5 6

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8. When you are not in school during the week how often do you talk to or see other people other than your family?

0 1 2 3 4 5 6

9. How often do you feel worse at school (e.g., scared, nervous, sad) compared to how you feel at home with friends?

0 1 2 3 4 5 6

10. How often do you stay away from school because you do not have many friends there?

0 1 2 3 4 5 6

11. How much would you rather be with your family than go to school?

0 1 2 3 4 5 6

12. When you are not in school during the week, how much do you enjoy doing different things (e.g., being with friends, going places)?

0 1 2 3 4 5 6

13. How often do you have bad feelings about school (e.g., scared, nervous, sad), when you think about school on Saturday and Sunday?

0 1 2 3 4 5 6

14. How often do you stay away from places in school (e.g., hallways, places where certain groups of people are where you would have to talk to someone?

0 1 2 3 4 5 6

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15. How much would you rather be taught by your parents at home than by your teacher at school?

0 1 2 3 4 5 6

16. How often do you refuse to go to school because you want to have fun outside of school?

0 1 2 3 4 5 6

17. If you had less bad feelings (e.g., scared, nervous, sad) about school, would it be easier for you to attend?

0 1 2 3 4 5 6

18. If it were easier for you to make new friends, would it be easier for you to go to school?

0 1 2 3 4 5 6

19. Would it be easier for you to go to school if your parents went with you?

0 1 2 3 4 5 6

20. Would it be easier for you to go to school if you could do more things you like to do after school hours (e.g., being with friends)?

0 1 2 3 4 5 6

21. How much more do you have bad feelings about school (e.g., scared, nervous, sad) compared to other people your age?

0 1 2 3 4 5 6

- 22. How often do you stay away from people in school compared to other people your age?
 - 0 1 2 3 4 5 6

NOT OFFICIAL

23. Would you like to be home with your parents more than other people your age would?

0 1 2 3 4 5 6

24. Would you rather be doing fun things outside of school more than most people your age?

0 1 2 3 4 5 6

ⁱ Adapted for a Masters Dissertation from the School Refusal Assessment Scale by Kearney (2002)