Signposting for teachers, parents, and children and young people from groups of who may be more vulnerable during this time of school closures and social isolation.

|  |  |  |
| --- | --- | --- |
| Children who are: | Risks or concerns | Available advice and support |
| * looked after at home
 | * strain on or breakdown of relationships
* strain due to financial/employment instability of primary carer
* lack of confidence/capacity of parent to support wellbeing/education of child
* lack of parental control and ability to ensure YP self-isolates/stays in
* child protection issues
* worry about upcoming Children’s Hearing
 | Advice for:**Parents and Children and Young People*** Local Social Work Offices (email/telephone)
* Out of hours Social Work (email/telephone)
* [Barnardo’s](https://www.barnardos.org.uk/)
* SCRA: [Coronavirus and your Hearing](https://www.scra.gov.uk/)

**Children and Young People*** [Childline](https://www.childline.org.uk/)
 |
| * in kinship or foster care
 | * strain on or breakdown of relationships
* strain due to financial/employment instability of primary carer
* breakdown of placement
* lack of carer’s control and ability to ensure YP self-isolates/stays in
* lack of confidence/capacity of carer to support wellbeing/education of child
* worry about upcoming Children’s Hearing
 | Advice for:**Kinship and Foster carers*** [Fosterline](https://www.fosterline.info/)
* [Kinship Care Scotland](https://www.kinshipcarescotland.org.uk/)

**Parents, Carers and Young People*** SCRA: [Coronavirus and your Hearing](https://www.scra.gov.uk/)
 |
| * in a residential unit or school
 | * group living ->higher risk of social contact and spread of virus
* loss of placement due to unit closure (for financial reasons or due to virus)
* strain on or breakdown of relationships
* lack of stability and unit unsettled due to high staff absence
* high levels of anxiety in staff and CYP
* increased risk of mental health issues such as self-harming
* worry about upcoming Children’s Hearing
* breakdown of placement
 | Advice for:**Local Authority Staff**Link to Children’s rights teams**Parents and Care Services*** [Information and guidance for care services](https://www.careinspectorate.com/) and parents about Covid 19/school closures/staffing

**Parents, Carers and Young People*** SCRA: [Coronavirus and your Hearing](https://www.scra.gov.uk/)
 |
| * in a secure care facility
 | * Last 3 points above plus
* Increased risk of seclusion for long periods of time (due to contraction of virus or lack of staff to safely supervise)
* high levels of anxiety in staff and CYP
* increased risk of mental health issues eg. self-harming and professional support for this
* worry about upcoming trial/children’s hearing
 | Advice for:**Parents and Care Services** :* Care Inspectorate: [Information and guidance for care services](https://www.careinspectorate.com/) about Covid 19/staffing

**Parents, Carers, and Children and Young People*** SCRA: [Coronavirus and your Hearing](https://www.scra.gov.uk/)
 |
| * complex ASNs
 | * strain on or breakdown of relationships
* strain due to financial/employment instability of primary carer
* reduced contact with services to support care routines and moving and handling/postural management routines
* increased risk of muscular-skeletal deterioration, bowel and chest management and cardio-vascular wellbeing due to reduced access to postural management equipment.
 | Advice for:**Teachers, Parents, and Children and Young People*** [Afasic](https://www.afasic.org.uk/)- National charity for Developmental Language Disorders offering advice , information and support.
* [Autism Toolbox](http://www.autismtoolbox.co.uk/) – new [Covid 19 information page](http://www.autismtoolbox.co.uk/supporting-learners-home-covid-19)
* [British Academy of Childhood Disability](https://www.bacdis.org.uk/resources/90-covid-19-resources) – Resources
* [CALL Scotland](https://www.callscotland.org.uk/blog/symbol-resources-for-covid19/) – symbol resources explaining Covid 19
* [CHAS](https://www.chas.org.uk/) – Support for those with life shortening conditions
* [ENABLE](https://www.enable.org.uk/coronavirus-information/) supporting disabled individuals
* [ENQUIRE](https://enquire.org.uk/): General advice - ASL
* [Mencap](https://www.mencap.org.uk/advice-and-support/profound-and-multiple-learning-disabilities-pmld/pmld-involve-me) – how to involve children in decision making
* [PAMIS](http://pamis.org.uk/) –Support and services for those with profound and multiple learning difficulties
* [The Sensory Projects](http://www.thesensoryprojects.co.uk/covid19-resources) - COVID 19 educational resources for home-schooling
* [Wellchild](https://www.wellchild.org.uk/2020/03/11/covid-19-information-for-parents-and-carers/) – National Charity for sick children
 |
| * deaf learners
 | * deaf parents may find home-schooling difficult
* limited access to information and online learning suitable for deaf learners (or parents)
* lack of ongoing mentoring/advocacy support as deaf learners often need face to face support
* lack of targeted information in BSL
 | Advice for:**Parents and Children and Young People*** [BSL video with Coronavirus (COVID-19) guidance](https://www.nhsinform.scot/translations/languages/british-sign-language-bsl/illnesses-and-conditions/coronavirus-covid-19)
* [BSL glossary of subject terms](http://www.ssc.education.ed.ac.uk/bsl/)
* [BSL - Coronavirus (COVID-19) Social Distancing You Tube](https://www.youtube.com/watch?reload=9&v=Uy5-49TAQxk&feature=youtu.be&fbclid=IwAR088KmlJ918cIEh-rvTh8oXuxNFC_t-vhWRgAoR95ztiZaNJrUs9T3pQt0)
* BSL users access to the online [British Sign Language video relay interpreting service](https://contactscotland-bsl.org/reg/) (VRS) 24 / 7
* British Deaf Association Mentoring Officer Email: mentorscot.drp@bda.org.uk
 |
| * anxious or have mental health issues
 | * raised anxiety leading to distressed behaviours, such as, withdrawal, risk taking, self-harming, ...
* lack of access to protective factors, such as, familiar places, people, routines…
* lack of confidence or capacity of parents/carers to support their child or young person with their anxiety.mental health or the resulting behaviour
* increase in anxiety or regression in mental health as isolation period progresses
 | Advice for:* [Coronavirus (COVID-19) information for children, families and professionals](https://edpsy.org.uk/blog/2020/coronavirus-covid-19-information-for-children-families-and-professionals/)

**Young People*** [Young minds](https://youngminds.org.uk/)
* [Mind for better mental health](https://www.mind.org.uk/information-support/for-children-and-young-people/)
* [Childline – Your Feelings](https://www.childline.org.uk/info-advice/your-feelings/)

P**arents/carers*** [NSPCC – Keeping Children Safe](https://www.nspcc.org.uk/keeping-children-safe/childrens-mental-health/)
 |
| * young carers
 | * full time caring responsibilities may increase  levels of stress over time
* lack of confidence/capacity of parent to support wellbeing/education of child
* lack of practical support for care of parent/sibling
* at risk of anxiety/mental health issues (see below)
* anxiety about lack of qualifications due to absence or poor performance due to effect of caring responsibilities
* lack of connection with or ability to review carer’s statement
 | Advice for:**Unpaid carers*** [Scottish Government adviceabout Covid-19](https://www.gov.scot/publications/coronavirus-covid-19-advice-for-unpaid-carers-march-2020/)

**Teachers/Parents/Young Carer’s**:* [Supporting Young Carers in Education](https://education.gov.scot/improvement/learning-resources/supporting-young-carers-in-education/)
* [Carer’s Trust](https://carers.org/article/how-your-school-can-support-young-carers)

**Young Carer’s**:[Young Scot](https://young.scot/get-informed) (NB. Young Carer’s Grants available)* [SQA website for guidance about exams/coursework](https://www.sqa.org.uk/sqa/93658.html)
 |
| * June school leavers
 | * anxiety about lack of evidence for true assessment of levels due to previous absence or poor performance
* pupils studying at N3/4 level – no prelims or potentially coursework due to absence
* worry that pupils will leave school without entrance requirements for College in September
 | Advice for:**All**[SQA website for guidance about exams/coursework](https://www.sqa.org.uk/sqa/93658.html) |

Useful mixed resources and guidance from [Association of Scottish Principle Educational Psychologists](https://www.aspep.org.uk/?page_id=744)