Aims

To promote teachers’ understanding of the impact of and issues around loss and bereavement so that they can better support children and young people in Glasgow’s establishments.

Provide staff with the resources needed to develop resilience in children and young people.

Children and young people will develop resilience to better cope with the loss they experience. This will reduce the potential for future mental health issues and allow them to achieve their full potential.

How **Feedback from colleagues who attended February 2019**

This was very well organised and thoughtfully planned, showcasing a range of supports available whilst deepening knowledge and understanding of bereavement and loss.

Very informative and thought provoking

**A whole School Approach to supporting loss, bereavement and change CPD day**

* Delivered annually and available through CPD Manager for up to **30 staff**.
* Has been offered to GCC staff annually in partnership for over 5 years.
* Delivered in partnership with colleagues from PPW hospice and NHS Health Improvement
* Additional input this year from Families Outside and Family Addiction Support Service (FASS)

This was an amazing day. Great speakers who bravely shared their experiences. I have enjoyed the time and space to create a ‘to do’ list for back in school.



**Feedback from recently trained companions (March 2019)**

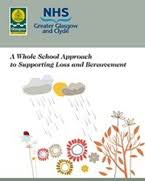
One of the best, interesting, useful and informative course I have ever taken part in in over 25 years as a teacher.

**Seasons for Growth**

* Delivery of companion training to **48 companions** per year to allow them to then deliver the programme to children and young people in Glasgow establishments.
* **3 local re-connector sessions** planned for session 2019/20 to provide ongoing professional development to trained companions and an opportunity to network and share practice.

Can’t wait to educate young people in my school.

Great CPD which will be put to great use.



**A whole school approach to supporting loss and bereavement**

* Online toolkit developed to support staff to increase their knowledge and understanding of the issues for young people who experience bereavement, loss and change.
* Content includes:
  + How young people grieve
  + How establishments can support a child after a loss
  + Case studies
  + Lesson plans
  + Self-evaluation tools
  + Comprehensive resource list

Impact

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| --- | --- |
| **What was the impact on Glasgow’s Learners?** | **How do we know?** |
| Education staff have an increased knowledge of the impact of loss and bereavement. | Whole school approach annual CPD day evaluation forms  Seasons for Growth companion training evaluation forms |
| Education staff have developed increased knowledge of how to support young people who experience loss. |
| Young people are able to access Seasons for Growth groups within their own school | From session 2019/20 Psychological Services will train 48 companions a year to deliver groups to young people in their own establishments. |
| Children and young people will develop resilience to cope with loss | Feedback from young people who have taken part in a group. |



Next steps

* Currently contacting all trained companions to identify need and capacity to be trained in delivery of Seasons for Growth parent programme. This programme provides an opportunity for parents/carers to better understand the experience of death, separation and divorce and bereavement from a child’s perspective and to explore ideas and strategies that they may want to consider as they support their child transition through family change. Plan to offer training to 12 companions initially with support to deliver parent/carer programme in their context. Evaluation of impact of parent programme to be assessed prior to considering further implementation.
* Continue to train 48 companions per year to deliver Seasons for Growth to young people.
* Continue to work in partnership with PPW hospice and health improvement to offer annual CPD day
* Continue to raise awareness of toolkit and promote use in a proactive way.