Initial EP Critical Incident Team Meeting

Support sheet for DPPs

# Who should be a part of the meeting?

This team will consist of:

* DPP (Chair)
* Link EP
* LIG Lead if appropriate (e.g. to support EPiT)
* EP trained in Critical Incident Stress Management interventions (Danielle, David, Fran, or Lisa)

# What should be discussed?

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| **Theme**  What elements of the incident are causing the greatest distress to those involved?  What will influence the decisions the team makes to provide support?  **DPP and link EP to feedback following initial contact with establishment/other sources.**  *Prompts for discussion:*  − What has happened? What is the nature of the event?  − How serious is the event? (<https://blogs.glowscotland.org.uk/glowblogs/gepswi/critical-incidents/>  − What are the immediate threats? |
| **Target(s)**  Who are the people who are affected?  *Prompts for discussion:*  − Who is involved in the incident? How many people?  − What is the possible impact for those involved?  − Would this group be considered heterogenous or homogenous? |
| **Types**  Would a CISM intervention be helpful in the current circumstances?  **EP trained in CISM interventions to lead this part of the discussion.** |
| **Timing**  Critical Incident Team to construct an action plan on what inputs are to be delivered and when.  **If a CISM intervention is agreed, then decisions must be made to arrange the timing of delivery to meet the needs of those in a state of crisis. Some CISM interventions require a quicker response, e.g. before staff leave for end of day, whereas others can be delivered within the next week.** |
| **Team**  **Who is going to do what and when?**  *Prompts for discussion:*  − Is the team experienced? Do they require additional support?  − Do we have enough people involved to carry out plan?  − Any special skills required by team members?  − Do those involved have head space and capacity?  − Are the team available for the length of time required? |
| **End of meeting**  Action plan agreed and date to be reconvened agreed (Ideally within the next few days) |