EMDR referral Process

GEPS Sept 2022

EP is considering EMDR

Case EP is EMDR trained and after gathering sufficient information concludes EMDR is appropriate. EP may also wish to consult with other EMDR trained EPs or EMDR supervisor

Following usual staged intervention process (LC-JST, SIIM) request is taken to LIG allocation meeting for allocation and is allocated to an EP in that LIG

Case EP has a discussion with EMDR trained EP in the area regarding possible next steps (if there is no EMDR EP available in your area highlight with SMT linked to MH/WI CLG)

EP taking forward EMDR intervention identified

PRE & POST Measures linked to EMDR intervention

NECESSARY:

A SUDS is completed by the EMDR trained EP

OPTIONAL (to be completed by case EP ):

* CROPS
* LITE
* Impact of Event Scales
* PROPS
* GMWP

All EMDR consideration cases must be recorded on EMDR Wellbeing Interventions Excel Sheet

C/YP Active

C/YP Not Active

Case EP is not EMDR trained

Case EP gathers additional information / carries out an intervention

It is felt that EMDR is appropriate

After gathering additional information and / or completing intervention the case EP decides whether to have further discussion with EMDR trained EP regarding EMDR