

This script can be used to support a wellbeing check in with a pupil who is returning from absence. It should be carried out with a trusted adult. The space below can be used to record any notes, follow up required etc.






Before commencing with the check in questions it is important to make a connection with the child/ young person, acknowledging the reason that they were absent or saying that you are pleased to have them back in school.

Return to School Wellbeing Check In




1. How are you feeling about returning to school?
2. Is there anything the school can do to make your return to school better?
3. Would you like another check in today/ tomorrow/ at the end of the week?

Return to School Wellbeing Check In

1. How are you feeling about returning to school? Tick all the words that apply, or add your own into the empty boxes.

 happy	 worried
 excited	 scared
 sad	

2. Is there anything we can do to help you? Tick all the boxes that apply or add your own ideas in the empty box.

 extra time to complete tasks	
 time to talk with a trusted adult	
 support to catch up on work I have missed	

3. Would you like another check in this week?

yes

no