



## **Information about new materials on the Relationships, Sexual Health and Parenthood (RSHP) national resource, available from Thursday 17<sup>th</sup> February**

The purpose of the national resource is to provide support for teachers, other educators, and parents and carers [Home - RSHP](#) so that they can best facilitate RSHP education as part of the curricular area called Health and Wellbeing.

**The new resources are intended for teachers, other educators, parents and carers providing Relationship, Sexual Health and Parenthood education for learners with complex additional support needs.** A child or young person who has additional support needs arising from one or more complex factors or multiple factors (needs that are likely to continue for more than a year) is deemed to have *complex needs*. A rigorous, clearly bounded and universally accepted definition is extremely difficult to articulate because of the many factors and the impact of specific contexts in which the learner will live. For that reason we use a *working description* rather than a definition of children and young people with complex additional support needs. Alongside the new resources are links to tools to help educators understand the profile of learners for whom the materials will be best suited. In terms of Curriculum for Excellence we think of learners with complex needs as learning at what is described as pre-Early Level.

**There are 9 thematic units.** In each you will find the main booklet which details the approach to learning in each theme. You will also find supporting PowerPoints or activities as detailed in the booklet. Then, you will find other content created by external providers that might support you in your role as educator. The approaches and activities in each of the units are suggestions only, with the children and young people we have in mind there is a need to carefully plan and personalise learning experiences.

**The development of the resources began in January 2021.** Existing resources were explored and gaps and needs identified. Draft material was shared throughout the year, with an invitation to use and comment on content. The material now available will support schools, other settings and families meet the educational needs of children and young people in terms of their RSHP curriculum.

**The importance of links between home and school/college are emphasised in the resources.** It is important for learners that there is a close relationship between school (or college) and home when it comes to RSHP education. This will ensure everyone works together to deliver clear, consistent messages to promote independence, personal safety and wellbeing for every child and young person.

Feedback on how the materials are being used, and what could be done to improve them, is welcome.

**The resources are available here [Complex ASN - RSHP](#)**