



Newsletter 8

GIRFEC in Action: Young Voices, Real Impact.

Spotlight: Falkirk CHAMPS

Falkirk Champs are a group of care experienced young people who make positive changes to the care system. We do this through working together with each other, with young people in schools, in children's homes and with our family and friends' members.

We also provide a weekly safe space for our young people where they can have their voices heard.

Alongside making change we can support young people to access services that would help meet their needs and improve their lives. This may be health services, education such as helping them apply for college, helping the young person access funding and benefits they're entitled to. Transport, supporting young people to get their bus pass. A single and shared rights-based approach, to planning for young people's wellbeing where support across services is needed.

In April 2026 we hosted an event bringing together care experiences groups and young people from across the country. This was about voice and working together to share with each other the positive changes we've made to care in our own areas and working together in future to continue making positive changes across Scotland.

Why this matters

Falkirk Champions Board's work matters because we have a say in improving care, the people who care for us (family and friends) listen to us when we show them what needs to change to make the care system better for the young people in it currently and who will come after us.

Young people get the support they need to thrive not just survive.

This is GIRFEC because

Tackling inequality

Valuing difference

Support for young people when they need it to reach full potential

making change across Scotland

Working together to enable rights based inclusive approach

Understanding wellbeing

Placing young people at heart and promoting choice, full participation in decisions that affect them.

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