



What is Team Around the Child?



Sometimes, things happen which can make people feel worried about a child.



When that person feels worried, they will talk to the child and their family about the things which are worrying them. It's good to be honest and talk about our worries.



If the child and their family feel like they need some help to make the worries better, a team of people can help. These people would be called your Team Around the Child (TAC).



A TAC is a group of people who love and care about you and want to help make the worries better. This could be your family and friends but also professionals like your teacher or a doctor.



You and your family will make a plan with the TAC about what everyone is going to do to help make the worries better.



All of the people in the TAC will meet every 6-8 weeks to talk about the plan and look at what difference this is making for you and your family. It's important that you are part of this and that your voice is heard. It's up to you how your thoughts and feelings are shared with the TAC. Some young people like to write things down or draw a picture.



When everyone feels like the worries are better, the TAC will meet for one last time to talk and celebrate all the hard work your family and friends have done. Even though the TAC won't meet anymore, you will still have people around you who will love and support you. The plan you have created together is something you can keep and use together in the future.

getting
it right

for every child in Forth Valley

If you have any questions about this you can write them down here.
