

### What is a Whole Family Approach?

A Whole Family Approach is an integrated, relationship based, co-ordinated approach that emphasises that if extra support is required it is much more effective when drawing on and working with the strengths of individuals, parents, family and the wider community working alongside support professionals in an open, respectful and collaborative way.

### What are the key elements of a Whole Family Approach?

A Whole Family Approach should be timely, sustainable and available to families as soon as they need it, for as long as it is required and adapting to changing needs.

### What does a Whole Family Approach require?

A Whole Family Approach requires collaborative working between universal and targeted services for children and adults including criminal justice, adult mental health, substance use and domestic abuse services with more tailored support for wellbeing and intensive support to prevent or in response to statutory interventions.

### How does this relate to GIRFEC?

The GIRFEC national practice model is based on an approach which understands families have resilience, strengths and capabilities that need to be maximised to ensure both children and adults can thrive and prosper.

## Whole Family Approach

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7 MINUTE BRIEFING

### What does a Whole Family Approach require?

A Whole Family Approach requires a skilled and supported workforce with an understanding of attachment, trauma, inequality, poverty and health challenges as promoted through Rights, Respect and Recovery: Alcohol and Drug Treatment Strategy, 2018.

### How does a Whole Family Approach support families?

A Whole Family Approach provides support tailored to fit around each individual family rather than reflecting rigid services or structures so families do not experience multiple 'referrals' or inconsistent support.

### What can a Whole Family Approach achieve?

A Whole Family Approach can be effective in meeting a wide range of structural, community, familial and individual needs.