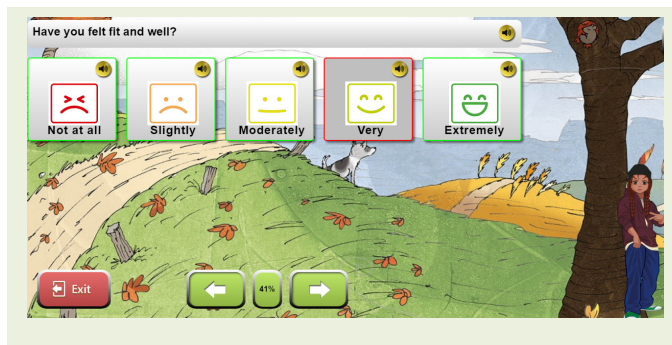


myView: helping children and young people have their say

Having a say

Viewpoint myView is an app for use by children and young people online or on a mobile device. It helps them have a say in the plan for their life while they are in care. What young people feel and think about is a really important part of their plan; it helps ensure their care plan is right for them. But it can be difficult for them to talk to adults about their wishes and feelings. Using the myView app helps with this.

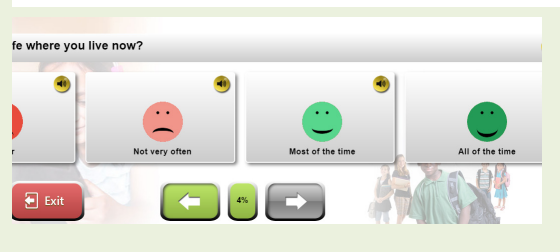


What young people say

'It helps if you are shy in front of people and too scared to say what you feel'

'It lets you write down stuff instead of talking face to face. I can write down my thoughts and feelings better than I can say them'.

*'It helps me discuss my feelings'
'It's a better way of communicating'*



myView app

The app helps young people express their views in a safe, easy to use way. They can go through questions at their own pace with everything spoken to them if they need help reading. Responses are hidden once a question is answered so details are kept private. The app is easy to use with any device: phone, tablet or a laptop. Young people are asked just a few questions about their health, education, hobbies, friends and the care and support they are provided with

Using the app

There are no right or wrong ways of using the app. Sometimes a social worker will meet with the young person and organise use of the app, or a social worker will send details about accessing the app to the young person or to an adult responsible for their care for the young person to use at a time of their choosing

Better conversations

Using the myView app helps children and young people talk to adults. A social worker will usually have a conversation with a child or young person about the information they have shared, discussing what is going well, helping them identify their priorities for inclusion in their plan and how they would like to present these at the meeting

'Using Viewpoint myView seems to remove any awkwardness for children about discussing positive and not so positive aspects of life. It is as if the children have permission to talk in detail about themselves. And they do.'
Consultant Psychologist

Privacy and security

Privacy is important. All information is stored securely online, not on any device and maintained in line with data protection legislation.