#### What Next?

Following comprehensive assessment and analysis of risks and needs it is possible to generate all potential options for action including no intervention; describe the potential benefits and deficits of each option; describe the most preferred option and why; and articulate what needs to be in place if a less preferred option is the only one available.

#### What is Assessment?

An assessment is an ongoing process that aims to understand what is happening in a child or young person's life.

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#### How do you use the Resilience Matrix to Analyse Risk and Resilience Factors?

By placing the child or young person at the centre of the Resilience Matrix and working from their individual characteristics and experiences you can ensure a tighter focus on their needs rather than those of adults.

7 6 Minute Briefing

> Assessment, Analysis and Risk

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What is the Resilience Matrix?

What is the Resilience Matrix is a tool for the Resilience Matrix is a tool for the Resilience Matrix is a tool for the Resilience by the Resilience for the two dimensions of and of the two dimensions of and the two dimensions of and the two dimensions of actions the vulnerability and protective factors the adversity and protective factors and the in the behaviour of adults, the in the behaviour of adults of the in the the resources and the ability of the community and t

#### What is Resilience?

Resilience is a key factor in protecting and promoting good mental health. It is based on three fundamental building blocks – a secure base, good selfesteem and a sense of self efficacy. Resilience is built upon the complex interaction and operation of risk and protective factors at individual, family and community levels.

### What is Analysis?

Analysis is about making sense of information from different sources by weighing up the significance of what is known, considering alternative views and applying an understanding of what promotes or compromises healthy child development for this particular child or young person.

## What is Risk and Need Assessment?

Children and young people's needs and emerging risks require to be considered along the continuum of their life span. A schieved through the use of the and specialist risk assessment tools such as the Risk National Risk Framework.

# **Recommendations, Learning and Actions**

Identify the learning or recommendations that are relevant to your team and summarise your teams' discussion on those points.

Name of	Team Manager:	
Organisation:		
Organisation: Name of Section and	Contact Details:	
Team:		
Date completed:		
•		

What actions have been agreed to improve practice?

What needs to happen?	Who will do it?	By when?	How will you know when it has been done?	How will you know if it has worked?