

Are you afraid of a current or ex-partner?



POLICE SCOTLAND

For Emergencies dial 999
For Non-Emergencies dial 101
Text Relay 1 800 1101

Domestic Abuse Investigation Unit
01324 574905

POLICE SCOTLAND



scottish
women's aid

Clackmannanshire: 01259 721407
Stirling: 01786 469518
Falkirk: 01324 635661



safe to
speak

scotland's
domestic
abuse and
forced
marriage
helpline

24 hour
0800
027 1234

Call: 0800 027 1234

Email: helpline@ndafmhs.org.uk

WORRIED

that your partner could be abusive?



The Disclosure Scheme for Domestic Abuse
Scotland gives you the right to ask if your
partner has a history of domestic abuse.
Find out more: www.scotland.police.uk

FORTH VALLEY
Rape Crisis Centre



Call: 01786 439244

Email: contact@forthvalleyrapecrisis.org.uk



Scottish
Women's
Rights
Centre

Free confidential
legal helpline for
women who have
been affected by
violence or abuse

Freephone: 08088 010789

www.scottishwomensrightscentre.org



Victim Support
Scotland

Victim Support Central
Clacks & Stirling: 01786 445782
Falkirk: 01324 633433



Revenge Porn
Helpline

Free, confidential advice and support for
over 18's to minimise the reach, and some
of the harm caused by revenge porn.

Phone: 0845 6000 459

Email: help@revengepornhelpline.org.uk



Shakti Women's Aid
Help for BME Women,
children and young people
who are experiencing or have
experienced, domestic abuse.

Outreach service available in Forth Valley,
call 07757 035794

Edinburgh Office: 0131 475 2399

Email: info@shaktiedinburgh.co.uk

RESPECT

MEN & WOMEN WORKING TOGETHER
TO END DOMESTIC VIOLENCE

Offers advice, information and
support to perpetrators of domestic
abuse as well as their (ex)partners and
frontline workers
Call: 0808 802 4040



email: info@lgbtyouth.org.uk

web: www.lgbtyouth.org.uk/domesticabuse

**Trafficking Awareness
Raising Alliance (TARA)**

Support for women over 18 who have
been trafficked for commercial sexual
exploitation.

Call: 0141 276 7724

Email: corporateVAW@drs.glasgow.gov.uk



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Clackmannanshire

Violence Against
Women
Partnership

Don't suffer alone, help is available!

Are you worried about yourself or someone you care about?



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01324 574905



Freephone: 0808 800 0024
Email: contact@amis.org.uk



Men's Advice Line
Advice and support for men
experiencing domestic violence
and abuse

Phone: 0808 801 0327
Email: info@mensadviceline.org.uk

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Men working to end violence
against women.

Sign the pledge to never
commit, condone or remain
silent about violence against
women in all its forms at
www.whiteribbonscotland.org.uk



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Reach out, help is available!

Where to go for help?



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Stirling: 01786 469518
Falkirk: 01324 635661



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AMIS

ABUSED MEN IN SCOTLAND

Freephone: 0808 800 0024
Email: contact@amis.org.uk



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Free confidential legal helpline for women who have been affected by violence or abuse

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Fearless is a domestic abuse support service for any man, LGBT+ person or anyone from an BME community.

Call: 0131 624 7266
Email: fearlessinfo@sacro.org.uk
Web: www.fearless.scot



Shakti Women's Aid
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Wellbeing Scotland (incorporating Open Secret) offers a wide range of holistic services for individuals and families whose life experiences have impacted negatively on their life.

Call: 01324 630100
Email: info@wellbeingscotland.org



Clackmannanshire Council

Domestic abuse is the leading cause of homelessness in women.

Call the housing options team on 01259 225115



email: info@lgbtyouth.org.uk

web: www.lgbtyouth.org.uk/domesticabuse



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Violence Against Women Partnership