

## POLICY?



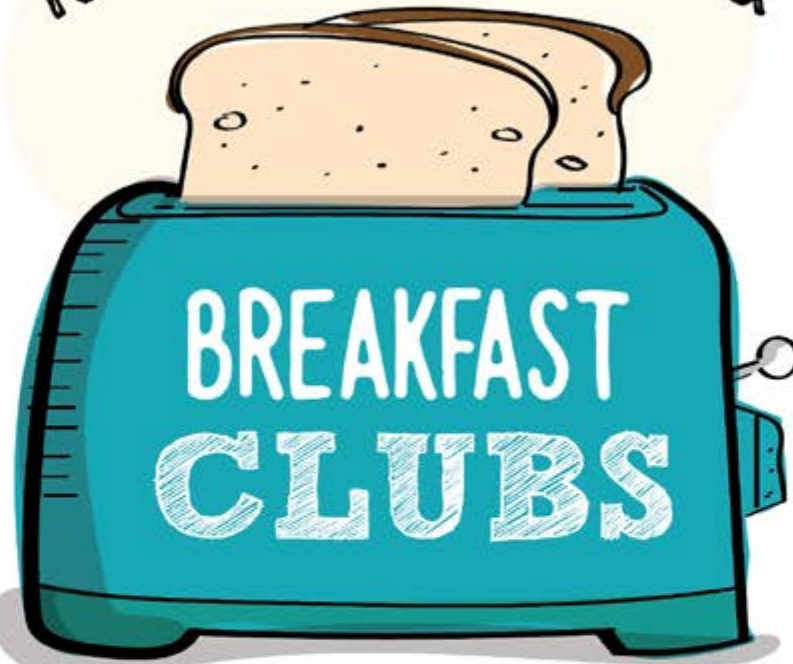
Help with creating a school food policy that incorporates the nutritional regulations can be found [HERE](#).



## WHO needs to know?

Everyone involved in breakfast clubs

# Nutritional Regulations &



## ALLERGIES

Are you aware of all children and young people who have allergies or special dietary requirement?

## Food & Drink in Schools

NUTRITIONAL REGULATIONS cover food in school across the whole day including breakfast.



## What foods do the Regulations apply to?

Breakfast cereals / Drinks / Spreads / Breads / Yoghurts / Snacks / Sweetened products / Confectionery / Red & Red Processed Meat

