

Chatting Together



Scottish Government
Riaghaltas na h-Alba

Listen, watch and respond to me

I can't talk yet, but I have lots to tell you.

Pay attention to my facial expressions, sounds and wiggles to find out how I am feeling or what I need.

Help me settle with a calming lullaby or chat to me about what I am doing.



Scan here to see this idea in action on the BBC CBeebies Parenting website or visit:
<https://tinyurl.com/zmkb5mvy>



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Use a sing song voice

I can recognise your voice before I'm born. Finding quiet times to chat, sing or tell me stories helps me feel happy and safe.

Help me to tune in by using a sing song voice that goes up and down.



Scan here to see this idea in action on the
BBC CBeebies Parenting website or visit:
<https://tinyurl.com/3s2zn583>



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Our best place is face to face

Be at my eye level to help me to see you, and so you notice how I am feeling.

Use smiles and a gentle voice to hold my attention. I might look away, but that's OK, I'll come back.



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<https://tinyurl.com/bdctcz3x>



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Copy my sounds, funny faces and gestures

When you copy me, I notice you are listening and that you want to keep the conversation going.

I love it when you make me laugh by copying my gestures and gurgles, then pausing for me to take another turn.



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<https://tinyurl.com/nhd3tbjj>

