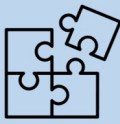









Storyboard at a Glance...

- Families
- Environment
- Workforce
- Identification
- Intervention
- Universal
- Targeted

An Early Language and Communication Improvement Story Board from
 Local Authority: Perth & Kinross Council

 The issue	 The team	 Our idea
<p>We wanted to create a family learning opportunity for children and adults from different generations to come together to build relationships and learn from each other. We partnered up with Housing and Communities to create an age inclusive Peep group whereby toddlers and older adults could make social connections to enhance their wellbeing and self-confidence.</p>	<p>The Parenting and Family Learning Team sits within Education and Learning, Early Years and childcare. We are based in central Perth and deliver family learning across Perth and Kinross.</p> <p>Intergenerational Peep was jointly delivered by a Parent & Family Support Worker (Education & Learning) and an Outreach Support Project Officer (Housing & Communities).</p>	<p>The aim of the joint venture was to create an age inclusive Intergenerational Peep group where the families and tenants could build relationships, feel more socially connected and increase their confidence and wellbeing. According to Beth Johnson Foundation (a charity dedicated to making the UK age-friendly), <i>“Intergenerational practice is inclusive, building on the positive resources that the younger and older persons have to offer to each other and those around them.”</i></p> <p>Intergenerational learning creates opportunities for all generations to feel valued and part of their community and we felt linking this to the Peep LTP provided the ideal environment to build reciprocal learning relationships.</p>
 Tools & resources we used.	 What we did	 The impact
<ul style="list-style-type: none"> • Books, • Song band, • Lycra, • Puppets, • Activity resources • Refreshments 	<p>Intergenerational Peep followed the same evidenced-based Peep Learning Together Programme (LTP) that is delivered to parents/carers to support their children’s learning with the addition of tenants from two local sheltered housing complexes. We delivered 10 weekly Peep sessions at Strathmore Street Sheltered</p>	<p>Intergenerational Peep has enhanced the physical, social and emotional wellbeing of participants by allowing them to take part in a variety of activities in a supportive environment. Reciprocal learning relationships were built between people from different generations who otherwise would not have had the</p>

	<p>Housing Complex. The project was delivered by a trained Peep practitioner from the Parenting and Family Learning Team and a Project Officer from Housing and Communities. Seven families and eight tenants attended the group. The sessions included songs, rhymes, story time and a fun activity for the families and tenants to take part in together. Participants also benefitted from sharing experiences and learning across different generations. Healthy snacks and refreshments were provided during the latter part of the session to give participants the opportunity to get to know each other.</p> <p>Programme delivery was well matched to the participants needs, taking into account the differing requirements of the children, parents/carers and older adults attending. A range of Peep LTP topics were explored, including:</p> <ul style="list-style-type: none"> • The importance of relationships • Lot of ways to play and learn • Exploring Movement • Mark Making • Movement and language • Developing balance and co-ordination <p>Verbal feedback was gathered weekly from attendees to inform delivery and sessions adapted accordingly based on their suggestions.</p>	<p>opportunity to meet. Participants reported feeling more socially connected, confident and less anxious. Feedback from parents highlighted that, as a result of coming to Intergenerational Peep, 100% of the parents feel they understand the importance of singing and sharing books with their child and that they have bonded more with their child. Almost all of the parents stated that their levels of stress and anxiety have reduced a lot. 100% of parents reported that their self-esteem and confidence have increased a lot and that they gained knowledge/skills from different generations.</p> <p><i>“I loved the atmosphere, the bond that developed with the older participants (especially when Maura got comfortable enough to go to one of the ladies for a cuddle).”</i></p> <p><i>“It has made a new routine and has helped with my child’s confidence and her speech”.</i></p> <p>Feedback from residents highlighted that, as a result of coming to Intergenerational Peep, 100% of the older tenants feel a lot more socially connected and that their levels of stress or anxiety have reduced a lot. Almost all of the participants stated that their self-esteem/confidence has increased a lot with one tenant sharing that it had increased a little. Almost all felt that they had a lot of opportunity to share their knowledge and skills with the group with one tenant feeling that they had a little opportunity. 100% gained knowledge/skills from different generations.</p>
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		<p><i>“Interacting with the children, new friendships, and the different activities each week.”</i></p> <p><i>“Makes me get out my flat and join in/communicate with others. Good to socialise”.</i></p> <p><i>“Helps the days be less lonely”.</i></p>
 <p>Our learning & next steps</p>	<ul style="list-style-type: none"> • Based on the success of this project, a similar model will be used for future groups and sessions will continue to be adapted based on the needs of the groups participants. • Separate sessions will be organised by the Housing and Communities Team to allow parents/carers to continue to meet the tenants to maintain and enhance the relationships they have established. • We have now planned a second Intergenerational Peep Group at Charterhouse Buildings to allow a different group of tenants and families to participate. • Intergenerational Peep will remain a regular feature of future family learning delivery in Perth and Kinross. 	
 <p>Find out more</p>	<p>Enter contact details here: <i>Megan Campbell</i></p> <p>Megancampbell@pkc.gov.uk</p> <p>Parenting and family learning - Perth & Kinross Council (pkc.gov.uk)</p>	

Families and tenants enjoying using the parachute during rhyme time.



Families and tenants taking part in a mark making activity together.





Handprints keepsake which is proudly displayed at Strathmore Street.



Group participants receiving their certificates at the final session.