

Early Language and Communication Project

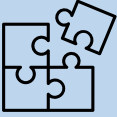


Parent and Carer Sessions with Education and Allied Health Professionals (AHPs)

An Early Language and Communication Improvement Story Board






from Stirling Council & NHS Forth Valley

Storyboard at a Glance...

<input type="checkbox"/> Families	<input type="checkbox"/> Universal
<input type="checkbox"/> Environment	<input checked="" type="checkbox"/> Targeted
<input type="checkbox"/> Workforce	
<input type="checkbox"/> Identification	
<input checked="" type="checkbox"/> Intervention	

 The issue	 The team	 Our idea
<p>Stirling Council area parents and carers of CYP with ASN have asked for :</p> <ul style="list-style-type: none"> increased opportunities to come together to share support strategies on a range of challenges they face day to day. to form support networks and to have a forum to access reliable, high quality information and advice from Education and Health. 	<ul style="list-style-type: none"> Educational Psychology Specialist Provision teachers AHPs from Children's Occupational Therapy and Children's Speech and Language Therapy ASN Outreach Inclusion and Early Years team. Parent / Carer ASN reference group – have been consulted on several occasions as part of development and will continue to be consulted to consider initial data and assist with planning going forward. 	<p>To provide monthly parent / carer sessions, open to all families of CYP with additional support needs, aged 3 - 18 years. Sessions are open to all families whether their child has a specific diagnosis or not. Sessions will have some information sharing and be facilitated by a multiagency team from Education and Health but with a strong focus on strengths based, solution focussed approaches, supporting families to identify and develop skills to self manage.</p> <p>Each month will have a different theme, led by what families feel is relevant and supportive to them. For example, pilot sessions in May and June 2024 have the following themes:</p> <ul style="list-style-type: none"> 'Managing my emotions' (supporting regulation) 'Managing my day (supporting transitions) <p>Sessions will involve a mix of info, reflective activities and discussion and will be supported with written information for those who wish it in order to cater for diverse learning styles and varying needs of parents / carers.</p> <p>Sessions will be independent of each other - i.e. parents/ carers can dip in and out, signing up to attend the sessions they feel are relevant to them.</p> <p>Each month the same theme will be delivered in 2 separate, 1.5 hour sessions - one face to face and one online session. This is to allow greater accessibility for parents across the Stirling Council area and to offer families flexibility and choice.</p>

Early Language and Communication Project

 Tools & resources we used.	 What we did	 The impact
<ul style="list-style-type: none"> • MDT staff time to plan, prepare, deliver and reflect on sessions. • Admin support to book accommodation, coordinate bookings, prep session materials. • Evidence based practice and recognised tools including those recommended by NAIT (National Autism Implementation Team) and SCERTS (Social Communication, Emotional Regulation and Transactional Supports) Model. • National and local strategy plans within Health and Education including Ready to Act (2016), ASPIRE, National Improvement Framework (Education), which promote a focus on early intervention and prevention; access to universal supports; getting the right help at the right time; empowering families and supporting self management. 	<ul style="list-style-type: none"> • Multi-agency working group met on several occasions to formulate offer and plan sessions based on parent / carer needs and priorities identified in focus groups. • Flyer developed to promote sessions and registration details. • Flyer sent to all Education placements across Stirling to share on individual social media platforms and to partner agencies including Social Work and Family Support Team. • Initial sessions have taken place, face to face on 13th May and online 15th May on theme 'Managing my emotions.' Representation from ASN Outreach Team, Educational Psychology , Occupational Therapy and Speech and Language Therapy at sessions to help facilitate. 	<p>40 families signed up for first sessions:</p> <ul style="list-style-type: none"> • 20 attended face to face • 20 signed up for online <p>Early stages but initial feedback very positive:</p> <p>Quantitative data: All found the session helpful, with 67% rating it as 'very helpful.' All said they would consider recommending the session to others, with 89% saying they would be 'very likely' to recommend.</p> <p>Qualitative data: Positive feedback on having opportunity to hear from other parents / carers and to access reliable information from professionals. Comments include: 'Have more coping strategies,' 'will work more on own regulation,' 'will look at whole day rather than specific event,' 'feel more confident.'</p>
 Our learning & next steps	<ul style="list-style-type: none"> • Consider extending length of sessions from 1.5 to 2 hours to allow more time for discussion. • Consider 'intro' sessions versus 'follow up' sessions to cater for varying needs and allow time to go into more detail / build on foundations. 	
 Find out more	<p>Enter contact details here: Heather McLean, Deputy Principal Educational Psychologist: mcleanh@stirling.gov.uk Fiona Edward-Smith, Collaborative Improvement Officer, Inclusion and Early Years: edwardsmithf60s@stirling.gov.uk Gillian Kenmure: NHS FV Children's Occupational Therapy – Team Lead: gillian.kenmure@nhs.scot Pauline Christie, NHS FV Children's Speech and Language Therapy – Team Lead: pauline.christie@nhs.scot</p>	