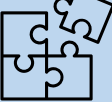







Collaborative Drop-In

An Early Language and Communication Improvement Story Board from West Lothian

Storyboard at a Glance...

- Families
- Environment
- Workforce
- Identification
- Intervention
- Universal
- Targeted

 The issue	 The team	 Our idea
<p>Within West Lothian, there has been an increase in developmental delays in children which includes delays in SLC.</p> <p>Some areas of West Lothian are higher in delays than others however there is no clear reason/link as to why.</p> <p>We were looking to support parents/carers of pre-nursery aged children by providing access and awareness to supports available at a universal level.</p>	<p>Speech and Language Therapist working jointly with Health Visiting Team and with other Allied Health Professional Services. Also worked 'in hand' with third sector partners e.g. Kidz Eco</p>	<p>HV: Kidzeco reported families were asking for weight and support clinics for their babies, which at that time, HV teams within West Lothian were not providing due to staffing levels. Due to an increase in SLC developmental delays, we discussed collaborating with SLT colleagues to provide a 'Toddle In' clinic where parents can drop in if they have questions or concerns around their child's development. 2 clinics were started, one in Livingston and one in Bathgate</p> <p>SLT: To co-host 'Drop-In' sessions with Health Visiting team who already had a successful 'Drop-In/ Weigh -In' service. Host in family friendly 'non-NHS' venues. Provide general advice, guidance and signposting to SLT information.</p>
 Tools & resources we used.	 What we did	 The impact
<p>Kidz- Eco is a custom built play venue for families of young children so no resources were required to host the sessions. Online notices were generated via websites and facebook for general signposting.</p> <p>Collaborating with SLT, OT and Physio colleagues.</p> <p>Collaborating with Kidzeco to provide a venue for us, provide a need their clients were asking for</p>	<p>Initially started in an established group in Kidzeco with SLT and NN staff. We created posters and promoted the Toddle in clinics through social media on our HV pages and Kidzeco pages. We encouraged staff to promote the clinics if there was a need or concern identified by the parent or professional.</p> <p>Parents brought their child to the groups and in a separate room, could speak with a NN or SLT staff member around their concerns for their child.</p> <p>There was a good uptake for NN based enquires, such as weights/sleep advice however we were not reaching the target audience for SLT as mainly under 12 months old.</p>	<p>Parents have access to advice and guidance without the need for a RfA to SLT service. Parents are aware of online materials. Numbers of parents accessing this drop in can vary and still being monitored and evaluated.</p> <p>First test of change – well attended clinic however but not reaching our target audience. Reviewed attendance and felt needed to be re-advertised to 18 months to 3 yrs old and day changed for one of the clinics.</p> <p>Discussed including OT and Physio into clinics. This year (2024) our Toddle in clinics now have Nursery Nurse/OT/SLT/Physio's in attendance.</p> <p>Changes have only been recent, from Feb 2024, so still reviewing. However we have received good feedback so far for uptake on Physio in Bathgate clinic and reaching more target age for SLT in both venues.</p>

	<p>After discussions with SLT and Kidzeco's, we found the current groups within Kidzeco were mainly for children under 12months. We changed the day of the week to a day where the target audience will</p> <p>We have now attended 6 'Drop-Ins' and plan to continue at current venues and explore possibility of others locations across West Lothian.</p>	
 <p>Our learning & next steps</p>	<p>During our first test of change, we identified there was a need within West Lothian and parents were pleased to be able to see several professionals at a drop in clinic to discuss any concerns they had identified with their child.</p> <p>Utilising the PDSA cycle, it became apparent our target age group was not being reached. This was discussed with Kidzeco, SLT, OT and Physio colleagues, and the day was changed to one where our target audience attend more regularly in Kidzeco venue. This has been a recent change and we will continue to use PDSA and review data from Health Visiting developmental review and feedback from staff and clients to improve the service.</p> <p>Importance of targeting correct age group. Original 'Drops-Ins' were held alongside baby weigh in sessions. Numbers attending increased when specifically 18-36 month aged children were targeted. Vital impact of the Kidz-Eco staff who know the families and can host in a family friendly environment.</p>	
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