



Getting to Know Me



My name is:



My age is: 3 4 5 6 7 8 9 10 11 12 13 years old



My favourite things are:



colour



hobby



food



drink



season



place



something
else





Getting to Know Me

We want to get to know others in our class. We can do this by sharing information.

I can circle or colour my answers or write or draw them in the boxes.

 I am happy about...	 seeing my friends	 seeing the staff	 playing in the playground	 learning	 new things
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 something else					
--	--	--	--	--	--

 I am worried about...	 seeing my friends	 seeing the staff	 playing in the playground	 learning	 health
---	---	--	---	--	--

 something else					
--	--	--	--	--	--

I might feel angry or stressed or overwhelmed. There are things I can do on my own to calm down but sometimes I need help.

 I can...	 You can help me by...	 Please do not...
e.g. ask for a break	e.g. give me a distraction	e.g. shout at me

